

Breast Care. Empowering women.



# PRODUCT CATALOGUE 2024/2025

Amoena. Your solution.

## NEW RANGE **2024**

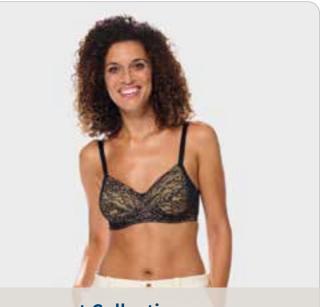


Custom Form Contact

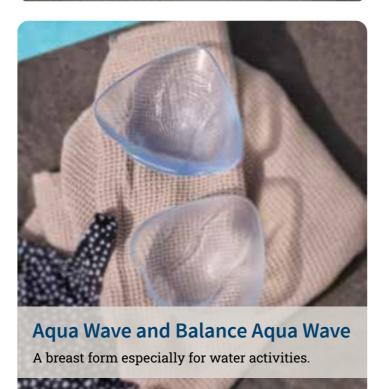
Custom made with a unique, individual fit and now also with a self-adhesive back.



CuraLymph
New products in our Lymph Comfort Collection.



Permanent Collection
My Colour. My Style. Myself.



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## AMOENA AT A GLANCE

# Head office in Raubling, Bavaria since 1975 14 Subsidiaries Distributors

## **AMOENA IN NUMBERS**



Approx. **380 employees,** 210 of them are located at the production site in Raubling



Represented in more than **75 countries** 



**Every minute, five** Amoena products are purchased



Approx. **250 tons** of silicone being processed in a year



Approx. **16.000** retailers worldwide



Approx. **6.000** product variants



Produced over **18 million** breast forms



Over **36 million**Breast Care Textiles sold

## Leading the way in modern breast care:

Amoena is the world's leading breast care brand and the developer of the first silicone breast form.

Almost 50 years of experience and the strictest quality guidelines guarantee the highest product quality. To support women on their journey through breast cancer, Amoena offers product solutions that are designed to complement each other and work together perfectly.

From Recovery Care to Breast Forms, Lingere and Swimwear and Lymph Care Amoena products are designed to support women from diagnosis to the return to their everyday lives and beyond.

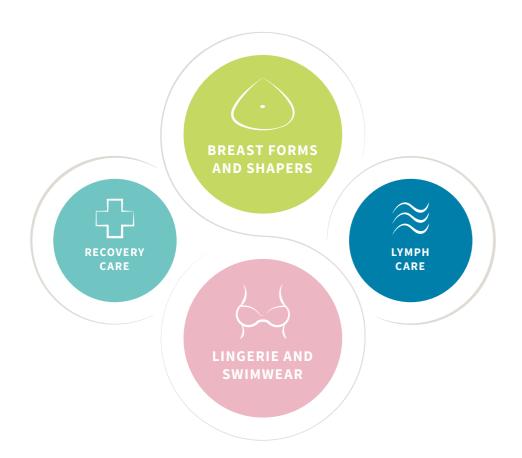
Amoena - by women for women. 81 % of our employees are female.

## **Quality – handmade in Germany**

With passion and our worldwide unrivalled expertise, we develop and manufacture products that restore enjoyment for life and self-confidence. Our breast forms are handcrafted with the greatest care, exclusively at our production site in Raubling. This is the site where our recovery care and lymph care products and special textiles are developed and designed. Through good and close relationships we inspire, strengthen and support our partners. We want to ensure that women receive the best possible service and products which are tailored exactly to their needs.

Today, around 380 employees worldwide are working towards this goal – around 210 of them in Raubling, Bavaria – passionately and fully committed.

# AMOENA – YOUR **PARTNER** IN BREAST CARE



## AMOENA. YOUR SOLUTION.

Amoena – Your partner to accompany you along your way, committed to supporting you rebuild your confidence.

Trust and experience are two major foundations of our company. Our history is characterised by quality, innovation, decades of medical knowledge and our constant striving for the best materials and technologies. Our passion becomes your solution – from diagnosis to your return to everyday life. We are more than just a company, we are there for you on your journey after a breast cancer diagnosis to make your life easier. Our customised solutions are designed with functionality in mind, they're also about style, because you deserve to feel great in every situation.

Let's be strong together. #EmpoweringWomen



In the context of the word **amoena**, the letter **O** doesn't have a specific meaning by itself. **Amoena** is a Latin word, an adjective that means **pleasant** or **lovely** in English.

It describes something that is delightful, agreeable, charming, or pleasing. The word **amoena** itself is derived from the verb **amo**, which means **I love** or **I like**. So, while the **O** is pronounced when we say **Amoena**, it's no more significant than a sound.

Perhaps in the context of breast cancer, **O** brings to mind the word oncology. The medical professionals and specialists involved in breast cancer care can include surgical oncologists, medical oncologists, and radiotherapy oncologists, all of whom play crucial roles.

But we prefer to give the **0** much more heartfelt meaning. When you see it in our branding, we hope you think of:

## The Original.

Amoena is the original – We created the first film-covered silicone breast form in 1975. Then, we built on that to create the first 2-layer breast form, the first breast form with an adjustable Air Chamber, the first Valletta top, and many other innovations.

## Options.

At Amoena we know that one size doesn't fit all. We recognise the importance of choice, and our comprehensive portfolio supports finding what works best for each woman. Our products are designed to complement each other and provide care for every step of the patient's journey. With our Amoena Solution we support women from diagnosis right up to the return to their everyday lives.

## Own It.

Your body is unique and your own. Our mission has always been to support you, and now we are taking it further:

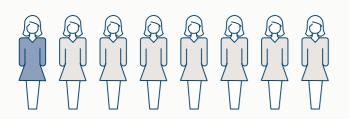
We want to recognise that our goal is for you to own your confidence, and love your body.

The positive feedback from the women who are supplied with our products motivates us to work on even better solutions. We work with the highest passion to provide the best possible care and empower women throughout their journey.

## a

# BREAST CANCER GLOBAL FACTS & FIGURES

Breast cancer is the most common type of cancer among women, accounting for approx. **24** % of all cancer diagnoses in women worldwide



**1 in 8** women will develop breast cancer in their lives

Breast cancer is most common in females over the age of **50 years** 



**10–40 %** of women are not satisfied with the result of their breast-conserving surgery



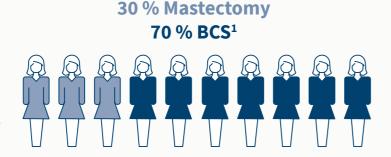
**Approx. 40–60 %** of women who undergo BCS go on to have further surgery

Approx. 20-30 %

of women develop lymphoedema in the arms or chest after breast surgery

## Approx. 2.1 million

women develop breast cancer each year





Worldwide the overall 5-year relative **survival rate** for breast cancer is **90 %** 

According to our experience, 1/3 of all patients are not well informed and/or cared for.

# AMOENA'S COMMITMENT TO HIGH QUALITY

More than 16,000 specialist retailers worldwide trust in our products. Thanks to them, ever since 1975 we have been able to provide more than 30 million women with optimal product solutions for recovery care, breast forms and lingerie.

- A perfect fit
- For in-between cup sizes and smaller bra
- **▼** Tried-and-tested sizing system
- Easy to use
- **✓** Wide range of products

- Medical devices
- **Oeko-Tex-100 certified materials**
- **♥** Pollutant-free
- Sustainable materials and work processes
  We constantly strive to use sustainable materials and
  raw materials and will continue to expand their use in
  our collection for the future. We continuously revise and
  optimize our work processes, also under the aspect of
  sustainability.

# OUR APPROACH TO **SUSTAINABILITY**

Economic success combined with ecological and social responsibility – sustainability is an important issue for us.

We have combined and expanded our long-term activities in the area of sustainability.

We are far from the end of our journey, but we have defined for ourselves **4 PILLARS OF SUSTAINABILITY**, which we use to reinforce and consistently pursue our sustainability strategy.

## The four pillars of sustainability:

Each of the four pillars reflects an area for which we have formulated relevant steps and goals.



SUSTAINABLE PRODUCTS



SUSTAINABLE PRODUCTION & PROCESSES



SUSTAINABLE SUPPLY CHAIN

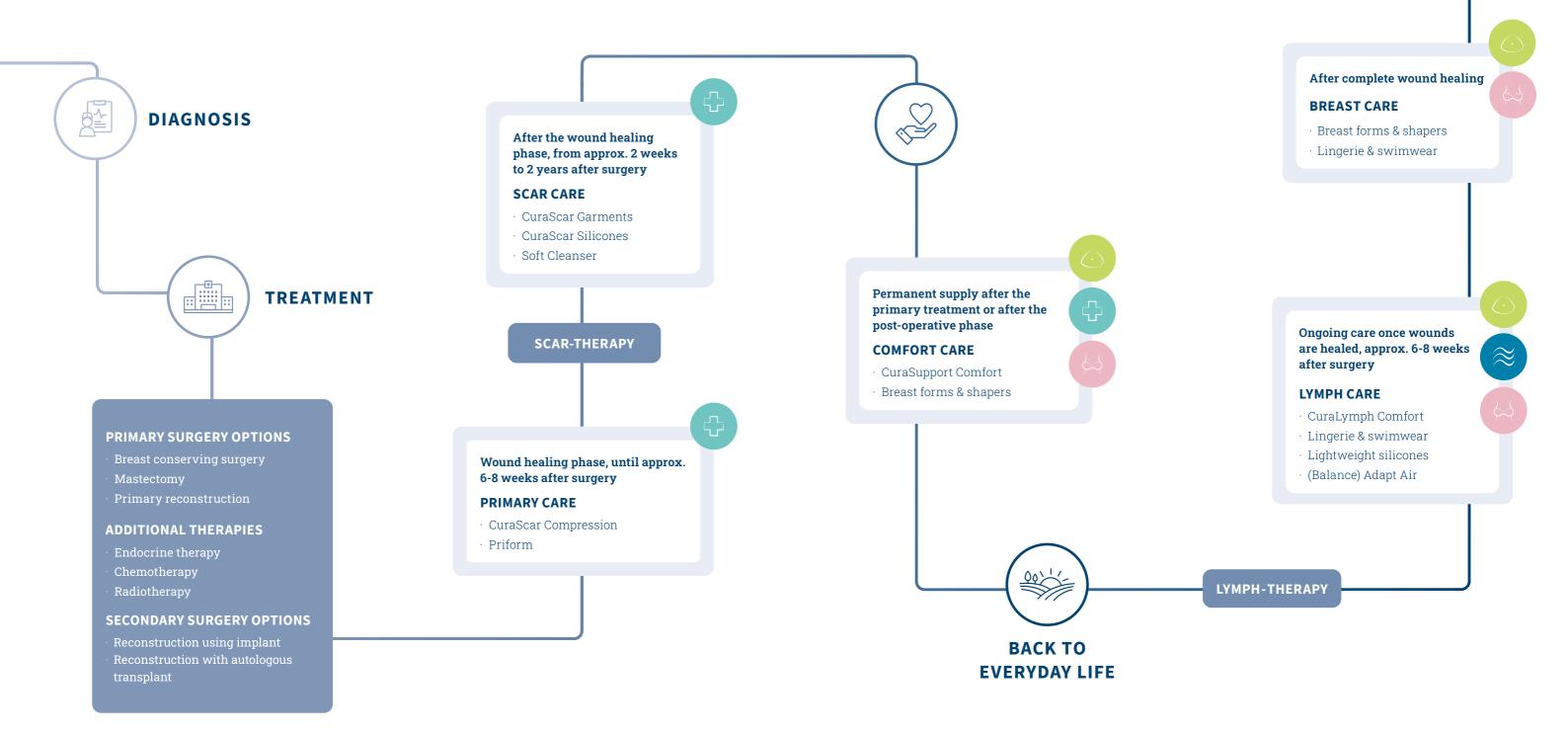


LEADERSHIP, STAFF AND SOCIAL COMMITMENT

Sources: American Cancer Society, Global Cancer Facts & Figures 4th Edition (2018), cancer.org, WHO

1) Breast conserving surgery 8

Every woman is different – as is every case of breast cancer. We understand the challenges you and your patients face. This is why all of our product solutions are designed to complement each other and work together perfectly. You can choose from a range of combinations to support your patient on every step of her journey. Amoena is with you to provide optimal care solutions every step of the way:









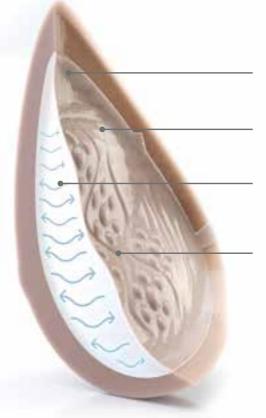




## **Adapt Air Breast Form**

Customisation for a perfectly symmetrical silhouette – the gold standard in breast care. Our innovative and award-winning **AirChamber Technology** of the Adapt Air Breast Form, allows easy volume adjustments for a perfect fit.

A simple adjustment to the volume can distinctly help with weight fluctuations, uneven scar tissue, or lymphoedema.





## Flexible, individually adjustable back

Particularly close fit even with uneven chest wall.



## Comfort+ technology

For less heat build-up and sweating behind the breast forms



## Air chamber technology

Precisely and individually adjustable in volume



Matt-soft **special membrane** and **premium silicone** for a comfortable wearing feeling. Lightweight thanks to InTouch Light or Xtra Light silicone (25 % to 40 % lighter)

Our innovative product designs have been awarded recognition by:







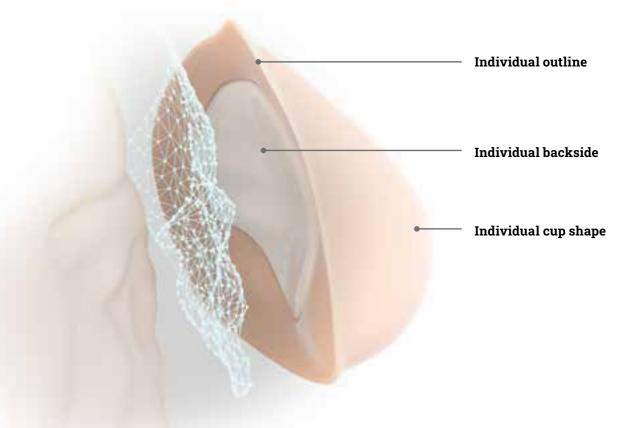




## **Custom Breast Form**

For particularly challenging surgical results, our Custom Breast Form sets new standards in modern breast care. It is 100 % customisable and the latest technologies allow for precise custom fits.

Using the latest 3D Scan Technology, the Custom Breast Form is precisely made to the woman's contours and measurements for a perfect fit.



## **RECOVERY CARE**

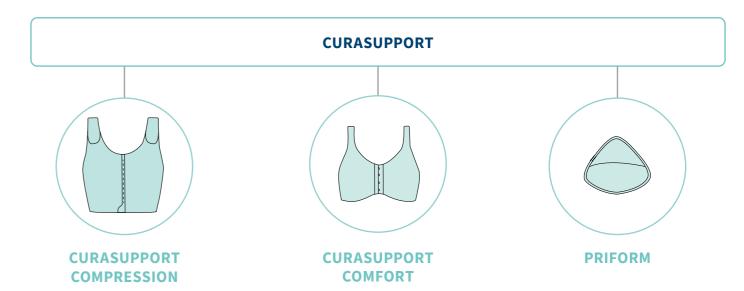
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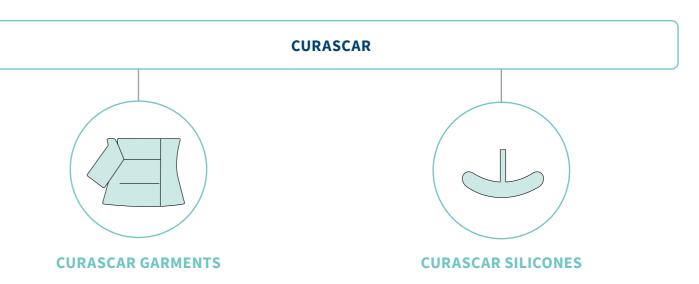
## WHERE HEALING BEGINS





# RECOVERY CARE PORTFOLIO OVERVIEW





## **CURASUPPORT COMPRESSION**

## Seamless post-op bras

Our seamless compression bras have been specially developed for wear after breast surgery. They support the wound healing process by keeping the operated breast secure and supported. In addition, they protect sensitive skin and scar tissue and can ease postoperative oedema and pain.

## Leyla



## **Light compression**

- · A special compression zone supports the breast without applying direct pressure to its entire surface
- Specific pressure zones apply light pressure to the side and back sections to encourage lymphatic drainage and support the healing process

## Sina



## Medium compression

- Keep the breast supported and secure by applying pressure to the entire breast
- · Specific pressure zones apply light pressure to the side and back sections to encourage lymphatic drainage and support the healing process

## **Pamela**



## **High compression**

- Keep the breast supported and secured by applying pressure to the entire breast
- · High compression levels and specially knitted panels promote optimal lymphatic drainage

## 3 reasons to try our seamless post-op bras

- 1. Seamless design without troublesome seams, which supports the healing process without further irritating the skin.
- 2. Specially knitted areas that apply targeted pressure, encouraging lymphatic drainage and minimising the risk of postoperative oedema.
- 3. Varying pressure levels for use after different surgical methods to suit the patient's individual needs and requirements.

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## **Colours**



Black

## **Features**

- · Knitted-on wide, soft underbust band
- · Wide, adjustable straps for a comfortable fit and weight distribution on the shoulders
- Flat, soft velcro fastenings for a simple look (ideal to wear under a T-shirt or blouse)
- · Integrated seamless pockets for breast forms and shapers

## Overview

		I
Product name   Price category	Sizes   Item No.   Colour	Features   Material
LEYLA Soft Bra Front Closure premium	60/65 – 130/135 Cup: Universal  44605 44604 44606 white rose nude black	<ul> <li>Light compression</li> <li>Seamless knitted securing ring around the pre-formed cup to secure the breast without applying pressure</li> <li>Prewashed and ready for use in a clinical setting</li> <li>Zip closure at the front with hook and eyes underneath</li> <li>High cotton content for optimal comfort</li> <li>49 % Polyamide</li> <li>43 % Cotton</li> <li>8 % Elastane</li> </ul>
SINA Soft Bra Front Closure premium	60/65 – 130/135 Cup: Universal 6 rows: 60/65, 70/75, 80/85 8 rows: 90/95, 100/105 10 rows: 110/115, 120/125, 130/135	<ul> <li>Medium compression</li> <li>Seamless, knitted cups secure the operated breast, applying even pressure across the whole cup area</li> <li>Prewashed and ready for use in a clinical setting</li> <li>With hooks and eyes for additional width adjustment</li> <li>98 % Polyamide</li> <li>2 % Elastane</li> </ul>
PAMELA Soft Bra Front Closure premium	60/65 – 130/135 Cup: Universal  45010 45009 45011 white rose nude black	High compression Seamless, knitted cups secure the operated breast, applying even pressure across the whole cup area Prewashed and ready for use in a clinical setting Zip closure at the front with hook and eyes underneath  88 Polyamide Ready for use in a clinical setting Lip closure at the front with hook and eyes underneath

See page 91 for sizing chart.

## **Product name | Price category** Developed for optimal post-op care. Holds the operated breast in place to prevent the implant 60-135 **COMPRESSION BELT** advanced from moving during the healing process Velcro strip in the centre of the back panel to aid attachment to compression bras from the CuraSupport Compression product range · Individual adjustment possible 50 % Polyamide 21 % Elastane 18 % Polyester 11 % Cotton 0776N 45043 0789N white rose nude black **ANATOMIC** 60-135 • Holds the operated breast in place • Ideal fit, especially under the arms, for **COMPRESSION BELT** increased comfort • Securely attaches to the compression bras premium from the CuraSupport compression product · Individual adjustment possible 50 % Polyamide 21 % Elastane 18 % Polyester 11 % Cotton 45044 45046 45045 white black rose nude

See page 91 for sizing chart.

## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material
SARAH Soft Bra Front Closure advanced	75–105 A, B, C, D, E Hook and eye fasteners: 7 rows: 75 A 8 rows: 80–85 A; 75–80 B; 75 C 9 rows: 90–95 A; 85–90 B; 80–85 C; 75–80 D; 75 E 10 rows: 100–105 A; 95–100 B; 90–95 C; 85–90 D; 80–85 E 11 rows: 105 B; 100–105 C; 95–100 D; 90–95 E 12 rows: 105 D; 100–105 E	<ul> <li>Medium compression</li> <li>Moulded cup and flat seams help to prevent skin irritation</li> <li>Double-layered material in the front section for additional support</li> <li>With hooks and eyes for additional width adjustment</li> <li>High cotton content for sensitive skin</li> <li>Wide adjustable straps</li> <li>82 % Cotton</li> <li>11 % Elastane</li> <li>5 % Polyester</li> <li>2 % Polyamide</li> </ul>
THERAPORT Soft Bra Front Closure advanced	S: 65-75 A; 65-70 B; 65 C; M: 80-90 A; 75-85 B; 70-80 C; 65-75 D; 65-70 E; 65 F L: 95-105 A; 90-100 B; 85-95 C; 80-90 D; 75-85 E; 70-80F; 65-75 G, H  XL: 110-120 A; 105-115 B; 100-110 C; 95-105 D; 90-100 E; 85-95 F; 80-90 G; 80-85 H  2XL: 125-130 A; 120-130 B; 115-125 C; 110-120 D; 105-115 E; 100-110 F; 95-105 G; 90-100 H	Medium compression     Soft Cotton bra with velcro front fastener, specially designed for wear after various types of breast surgery. Ideal for partial breast radiotherapy (e.g. brachytherapy)     Grey inserts that can be easily cut at the sides to accommodate the patient's drainage tubes     Seamless underbust band ensures optimal comfort and can hold a pocket for a drainage pouch     Velcro fastenings on front part and straps     Integrated pockets for breast forms and shapers  81 % Cotton 12 % Polyamide 7 % Elastane

See page 91 for sizing chart.

## **EXPERT TIP**

## Suitable for use straight after surgery in the operating theatre.

Our post-op compression bras (Leyla, Sina, and Pamela) are delivered prewashed.

## FITTING TIP

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## Guaranteed fit with seamless post-op compression bras

No need to try Leyla, Sina, and Pamela compression bras beforehand. Thanks to our innovative measurement system, the underbust measurement is enough to determine which size is required. The universal cups fully enclose the breast, thanks to the special processing technology used to make them.

## **CARE INSTRUCTIONS**

CuraSupport Compression bras are designed to be worn 24 hours a day and only removed for daily hygiene purposes. In order to ensure constant, effective compression throughout the care period, compression garments should be washed on a daily basis. Patients should be advised to keep a spare garment for this reason. These are available on prescription to cover the hygiene requirements outlined above.

## **CURASCAR GARMENTS**

## Scar compression therapy

Our CuraScar garments are ideal for women who have undergone breast reconstruction using autologous tissue. The risk of excessive scarring at the site where tissue has been removed is significantly minimized by using a scar compression garment. Compression garments are used as part of a conservative therapeutic approach in scar therapy. When used early in the treatment phase, CuraScar garments can support the wound healing process and help to ensure a successful surgical outcome.

## Compression in scar therapy

Compression in scar therapy involves applying pressure at a therapeutically effective level on the closed wound area. Even pressure applied to the surface of the wound reduces blood flow to the scar area and increases the elasticity of the tissue. As a result, the scarring appears flatter and fainter.

## Why choose Curascar Garments?

- 1. Prompt availability and precise sizing.
- 2. High quality workmanship with no troublesome seams thanks to innovative bonding technologies that support lymphatic flow.
- 3. Material can easily be cut for drainage tubes to pass through.
- 4. Breathable materials that are kind to skin and ensure maximum comfort and are therefore likely to be used consistently for the duration of treatment.
- 5. Apply medically effective pressure (20-23mmHg) to support the scar healing process.

## **Colours**





## **EXPERT TIP**

Compression and silicone are considered the gold standard in scar therapy, which is why we recommend combining all of our CuraScar garments with a corresponding product from our CuraScar silicones range. Please see the following page for more information on our CuraScar silicone range.

## **FURTHER INDICATIONS**

CuraScar garments are specially designed for use on tissue removal sites during the course of autologous breast reconstruction. They can also be used in numerous types of interventions for reconstruction and aesthetic surgery (e.g. skin tightening) to stabilise the area operated on and reduce scarring and aid the healing process.

## **CARE INSTRUCTIONS**

CuraScar garments are designed to be worn 24 hours a day and only removed for daily hygiene purposes.

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## **Overview**

Product name   Price category	Sizes   Item No.   Colour	Features   Material
BELLY BANDAGE Abdominal compression bandage premium	S/M-2XL/3XL  45004   nude	<ul> <li>Applies medically effective pressure to the abdomen area to aid the scarring and wound healing processes until the scar is completely healed</li> <li>Three closures (height: 24cm) enable easy opening and closure and provide the perfect fi for the patient's body</li> <li>Nude: <ul> <li>59 % Polyamide, 31 % Elastane, 8 % Cotton 2 % Polyester</li> </ul> </li> <li>Black: <ul> <li>33 % Polyamide, 31 % Elastane, 29 % Polyester</li> <li>7 % Cotton</li> </ul> </li> </ul>
	45004   Hude 45005   Diack	
PANTY Scar compression brief premium	XS-2XL	<ul> <li>Applies medically effective pressure to the abdomen and upper legs to aid the scarring and wound healing processes until the scar is completely healed</li> <li>2 zips on the sides for easy dressing and undressing</li> <li>56 % Polyamide</li> <li>42 % Elastane</li> <li>2 % Cotton</li> </ul>
	45000   nude* 45001   black*	
BERMUDA Long scar compression Panty premium	XS-2XL	<ul> <li>Applies medically effective pressure to the abdomen and legs to aid the scarring and wound healing processes until the scar is completely healed</li> <li>2 zips on the sides for easy dressing and undressing</li> <li>Folyamide</li> <li>Folyamide</li> <li>Cotton</li> </ul>
	45002   nude* 45003   black*	

See page 91 for sizing chart.

\*while stock last

## **CURASCAR SILICONE**

## Scar compression therapy with silicone

Our CuraScar silicones are ideal for the treatment of pathological scars following a surgical procedure as the use of silicone pads and compression significantly minimises the risk of excessive scarring in the wound area. Curascar silicones are used as part of a conservative/non-invasive therapeutic approach in scar therapy. When applied early on in the treatment phase (after wound closure), CuraScar silicones aid the scarring and wound healing processes and create optimal healing conditions for the skin.

Silicone reduces water loss in the upper layer of the skin. A moist environment creates the ideal conditions for scarring, making the scar smoother and reducing itching. Our breathable silicone pads also guarantee sufficient oxygen exchange.

## Why choose Curascar Silicone?

- 1. Breathable and highly elastic silicone that adapts perfectly to the body's contours
- 2. Completely self-adhesive
- 3. Reusable up to 6 weeks

## **Features**

- Can be cut to size individually
- Available with additional cover strips for better storage after cleaning





## **CLEANING INSTRUCTIONS**

We recommend using Amoena Soft Cleanser on CuraScar silicones on a daily basis.

## **EXPERT TIP**

Silicone and compression are considered the gold standard in scar therapy. Therefore you should recommend combining the corresponding product from our CuraScar garment range for each CuraScar silicones product. Please see the CuraScar Garments page for more information.

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## Overview

Product name   Price category	Sizes   Medicial device number Item No.   Colour	Features   Material
STRIPS advanced	Measurements: 260 x 35 mm 1 pack contains: 4 pcs	Long, narrow silicone strips in a handy set of 4
auvanceu		Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
	010 (4)   sleen	
	010 (4)   clear	
STRIPS	Measurements: 260 x 35 mm 1 pack contains: 1 pcs	• Long, narrow silicone strips sold individually
advanced		Polydimethylsiloxane, Polyurethane,
		Polyethylene protective cover strips
	<b>010 (1)</b>   clear	
COLLABEC		
SQUARES advanced	Measurements: 260 x 100 mm 1 pack contains: 2 pcs	<ul> <li>Long, broad silicone strips for complete coverage of larger scarring areas</li> </ul>
		Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
		Polyethylene protective cover strips
	011   clear	
MAMMILLA CIRCLES advanced	Measurements: interior Ø: 20 mm / outer Ø: 75 mm 1 pack contains: 2 pcs	Silicone strips for scarring in the breast area (nipples)
		Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
	<b>012</b>   clear	
ANCHORS	Measurements: 230 x 145 mm	Silicone strips for scarring in the breast area
advanced	1 pack contains: 2 pcs	(e.g. following a mastopexy)
		Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
	013   clear	

## **CURASUPPORT COMFORT**

## **Comfort bras and tops**

Our comfort bras and camisoles are the ideal companion for patients in the post-op phase and on their journey back to everyday life. They are designed to offer additional comfort and be easy to use.

After the wound healing phase (6-8 weeks after the operation), the skin and fresh scar tissue are still extremely sensitive. This is one of the reasons why it is often not possible for patients to opt for special bra garments straight away.

## **Emilia**



## 3 reasons to choose our comfort bras

- 1. Wide straps and soft closures that don't cut into the skin ensure maximum comfort.
- 2. Front closure makes it easy for patients with restricted movement to put the bra on and take it off.
- 3. Integrated pockets keep breast forms and shapers securely in place.

## **Colours**



White

Grey melange





24





Blac

## Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material
EMILIA Soft Bra Front Closure advanced	70/75; 80/85; 90/95; 100/105; 110/115; 120/125  Cups: Universal  45013 45012 45014 white blush black	<ul> <li>Perfect fit and optimal comfort thanks to seamless circular knit technology</li> <li>Breathable insert on each side and along the underbust area for a pleasant feel against the skin</li> <li>Zip with hooks and eyes at the front</li> <li>High coverage for good support</li> <li>Straps are adjustable at the back</li> <li>Drain management can be attached</li> <li>69 % Cotton</li> <li>25 % Polyamide</li> <li>6 % Elastane</li> </ul>
HANNAH Soft Bra Front Closure advanced	XS (60/65); S (70/75); M (80/85); L (90/95); XL (100/105);  Cups: A/B; C/D  Hook and eye fasteners: 4 rows: XS(A/B); S(A/B); M(A/B); XS(C/D)  5 rows: L(A/B); XL(A/B); S(C/D); M(C/D); L(C/D); XL(C/D)	Comfort bra with high cotton content Feminine lace edges at neckline Front fastening with hook/eye  85 % Cotton 15 % Elastane
MICHELLE Camisole advanced	XS (32/34); S (36/38); M (40/42); L (44/46); XL (48/50); 2XL (52/54)	Comfort camisole with a high cotton content Stretchy, elastic neckline makes it easy to put on (by stepping into it) Band at underbust to attach drain management  S5 % Cotton S % Elastane

See page 97 for sizing chart.

## Overview

## **Product name | Price category** • Comfort straps for optimal weight distribution S, M, L, XL, 2XL CLARA Hook and eye fasteners: • Seamless knit technology for optimal comfort Soft Bra Front Closure 5 rows: S, M 6 rows: L, XL basic 7 rows: 2XL 50 % Viscose (bamboo fibres) 26 % Polyamide 21 % Cotton 3 % Elastane 44743 | blush **FRANCES** XS (60/65); S (70/75); M (80/85); • Comfort bra with a very high cotton content L (90/95); XL (100/105); 2XL (110/115) · Cotton absorbs moisture, keeping the skin Soft Bra Front Closure nice and dry basic Cups: A/B; C/D; E/F · High percentage of cotton fabric, thus particularly kind to sensitive skin. Cotton Hook and eye fasteners: absorbs moisture (sweat) 4 rows: XS (A/B, C/D); S (A/B); M (A/B) XS (E/F); S (C/D, E/F), 90 % Cotton $M(\hat{C}/D, \hat{E}/F);$ 10 % Elastane L (A/B, C/D); XL (A/B, C/D); 2XL (A/B, C/D) 6 rows: L (E/F); XL (E/F) 7 rows: 2XL (E/F) 2128 2128 2128

## **FLEUR** Soft Bra Front Closure basic



XS (60/65); S (70/75); M (80/85); L (90/95); XL (100/105); 2XL (110/115)

sand

black

44853

black

**NEW** 

Cup: A/B, C/D, E/F

white

Hook and eye fasteners:

4 rows: XS(A/B, C/D); S(A/B); M (A/B)

XS (E/F); S (C/D, E/F); M (C/D, E/F); L (A/B, C/D)

XL(A/B, C/D); 2XL(A/B, C/D) L (E/F); XL (E/F)

2XL (E/F) 7 rows:

44672

white

44671

44695 sand grey

melange\*

26

- High percentage of cotton fabric, thus particularly kind to sensitive skin. Cotton absorbs moisture (sweat)
- Padded straps ensure a high level of comfort, relieve pressure on the shoulders, avoid cutting into the skin so that lymphatic drainage is not impeded
- Straps are adjustable at the back for a perfect

90 % Cotton 10 % Elastane

Product name   Price category	Sizes   Item No.   Colour	Features   Material
SANDRA Soft Bra Front Closure basic	S (70 A); M (75 A/B); L (80 B), XL (85 B/C); 2XL (90 B/C); 3XL (95 C); 4XL (100 C/D)  Hook and eye fasteners: 5 rows: S; M 6 rows: L 7 rows: XL; 2XL 8 rows: 3XL; 4XL	<ul> <li>Feminine stretchy lace design</li> <li>Includes cotton padding for filling each of the cotton pockets as desired</li> <li>50 % Polyamide</li> <li>45 % Cotton</li> <li>5 % Elastane</li> </ul>
	BREAST FORMS AND ACCESSOIR	ES

## **REMOVABLE DRAINAGE POUCH**

basic



**PRIFORM** 

basic

S (approx. 15x18 cm) L (approx. 20x20 cm)

- securely in place · Standard format and size to fit any drainage
- system

• With velcro fastening to keep the pouches

95 % Cotton 5 % Elastane



1/2, 3/4, 5/6, 7/8, 9/10, 11/12, 13/14

- Very soft fabric for temporary use after surgery, filled with light cotton padding for adapting the volume as desired
- · Soft cotton material on the back for optimal comfort

Front: 86 % Polyamide 14 % Elastane

Back: 100 % Cotton

216 | nude

See page 97 for sizing chart. \*while stock lasts

See page 97 for sizing chart.

BREAST FORMS AND SHAPERS	. 28
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BALANCE ADAPT AIR	34
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# CONFIDENCE GROWS



## **BREAST FORMS AND SHAPERS**

**Custom:** custom made breast form **Energy:** with breathable back (Balance) Adapt Air: with adjustable back (Balance) Natura: with temperature-regulating back (Balance) Contact: with a self-adhensive back (Balance) Essential: for basic care

BCS

**↓** YES

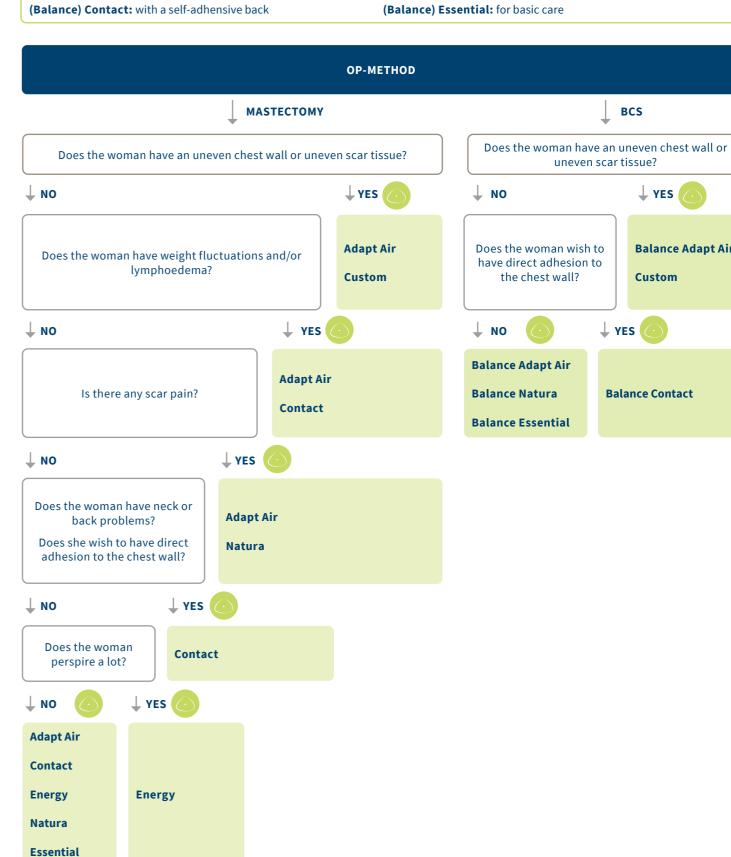
Custom

**Balance Contact** 

↓ YES ①

**Balance Adapt Air** 

uneven scar tissue?



## **OUR TECHNOLOGIES**

Constant innovation and setting new standards are driving forces at Amoena. In close cooperation with doctors, medical retailers and women who have had breast surgery, we continuously develop new technologies to optimally respond to patient needs after breast surgery.



## Easy adaptation thanks to innovative air chamber technology

Innovative air chamber technology allows the volume to be adjusted so that a close fit can be achieved, even on an uneven chest wall, enabling the form to be adjusted to the individual needs of your patients at any time.



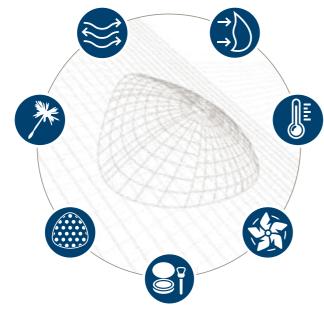
## Flexible, individually adjustable back

Particularly close fit even with uneven chest wall.



## Soft and natural thanks to InTouch silicone

A special silicone formulation combined with a smooth and soft film creates a breast form that is as natural as possible in appearance and feel.



## Temperature equalization from Comfort+ technology

Comfort+

The Comfort+ technology ensures constant and gentle temperature regulation between the body and form.

In this way, it prevents unpleasant heat build-up under the form.



## Integrated air circulation

A structure consisting of threedimensional pearls on the back of the form ensures air circulation and allows moisture to evaporate. This has been confirmed by Hohenstein Laboratories in Germany after extensive testing.



## Relief and natural comfort from self-adhesive forms

The Amoena Contact breast forms adhere directly to the skin. Amoena Contact silicone keeps its adhesion with correct care over the entire life span of the breast form.



## Natural look with natural feel

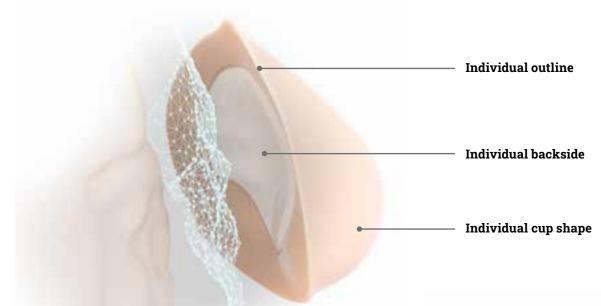
A combination of lightweight and standard silicone that looks, feels and moves like a real breast.

For a lightweight breast form with an ultra-soft feeling and a natural-looking drape.

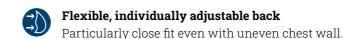
30

## **INNOVATIVE BREAST CARE**

## **Custom-made breast form**



## Adapt Air breast form



Comfort+ technology

For less heat build-up and sweating behind the breast form  $% \left\{ 1\right\} =\left\{ 1\right\}$ 

Air chamber technology

Precisely and individually adjustable in volume

Matt-soft **special membrane** and **premium silicone** for a comfortable wearing feeling. Lightweight thanks to **InTouch Light or Xtra Light silicone** (25 % to 40 % lighter)

## **Contact breast form**





## BALANCE - BREAST SHAPERS **PORTFOLIO OVERVIEW**

Amoena breast shapers balance out asymmetry after breast-conserving therapy, breast reconstruction, multiple biopsies, or in the case of natural uneven breast development. The soft silicone shapers fit snugly against the natural curves of the remaining breast tissue and fill the bra cup for a symmetrical silhouette, preventing tension, improving posture and correcting muscular imbalances.

## **AVAILABLE COLOURS**



- Invisible fine edges ensure a natural fit between the shaper and the body
- Versatile various shapes, sizes and thicknesses available for optimal customisation
- Simple required thickness can be determined using our simple, tried-and-tested cup difference method

## **BALANCE ADAPT AIR**

Breast shaper with an adjustable back (page 34)

## **BALANCE CONTACT**

Breast shaper with a self-adhesive back (page 34)

## **BALANCE NATURA**

Breast shaper with a temperature-regulating back (page 35)

## **BALANCE ESSENTIAL**

Breast shaper for basic care (page 35)





















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## BALANCE - BREAST SHAPERS



## **BALANCE ADAPT AIR**

Breast shaper with an adjustable back

- Precisely and individually adaptable thanks to integrated AirChamber Technology – the perfect fit every time, even for patients who experience weight fluctuations or swelling due to lymphoedema.
- Sits close to the body thanks to flexible, adjustable back
- Fine volume adjustment offers greater flexibility when choosing a bra
- Reduces heat and perspiration thanks to Comfort+ technology





Premium

Premium

	Product name	Item no.		Thickness	Suitable for cup difference		Colour	Layers
<b>_</b>	Balance Adapt Air MD	233	Delta	Average/ volume (adjustable)	1–2cm and >2 cm	2-12	Ivory	3
	Balance Adapt Air SV	234	Varia	Special shape	Cup difference method not applicable	S-XL	Ivory	3

## **BALANCE CONTACT**

Breast shaper with a self-adhesive back

- · Adapts especially well to the movement of the body
- · Stays firmly in place
- · Reduces heat and perspiration thanks to Comfort+ technology

Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Layers
	Balance Contact MD	229	Delta	Medium	1-2cm	2-12	Ivory	2
	Balance Contact VD	230	Delta	Volume	> 2cm	3/4-9/10	Ivory	2
0	Balance Contact SV	286	Varia	Special shape	Cup difference method not applicable	S-XL	Ivory	2

34

## **BALANCE NATURA**

Breast shaper with a temperature-regulating back

· Reduces heat and perspiration thanks to Comfort+ technology







Image	Product name			Thickness	Suitable for cup difference		Colour	Layers
	Balance Natura TO	227	Oval	Thin	< lcm	S-XL	Ivory	2
011	Balance Natura TD	217	Delta	Thin	< lcm	1–10	Ivory	2
	Balance Natura MD	220	Delta	Medium	1-2cm	2-12	Ivory	2
	Balance Natura VD	222	Delta	Volume	> 2cm	3/4-9/10	Ivory	2
	Balance Natura Light VD	221	Delta	Volume, 25 % lighter	> 2cm	3/4-11/12	Ivory	2
	Balance Natura SE	231	Ellipse	Special shape	Cup difference method not applicable	S-XL	Ivory	2
	Balance Natura SV	285	Varia	Special shape	Cup difference method not applicable	S-XL	Ivory	2

## Basic

## **BALANCE ESSENTIAL**

Breast shaper that provides the basic care needed for a symmetrical appearance



Product name			Thickness	Suitable for cup difference	Sizes	Colour	Layers
Balance Essential TO	228	Oval	Thin	< 1cm	S-XL	Ivory	1
Balance Essential TD	218	Delta	Thin	< 1cm	1–10	Ivory	1
Balance Essential MD	223	Delta	Average	1-2cm	2-12	Ivory Tawny 4–10	1
Balance Essential VD	225	Delta	Volume	> 2cm	3/4-9/10	Ivory	1
Balance Essential Light VD	224	Delta	Volume, 25 % lighter	> 2cm	3/4-11/12	Ivory Tawny 3/4 – 9/10	1
Balance Essential SE	232	Ellipse	Special shape	Cup difference method not applicable	S-XL	Ivory	1

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Sizing chart, fitting tips and advice regarding the cup difference method on page 92 and 93.

## **BREAST FORMS** PORTFOLIO OVERVIEW

## **AVAILABLE COLOURS**







## **CUSTOM**

Custom-made breast form for an individual fit (page 38)



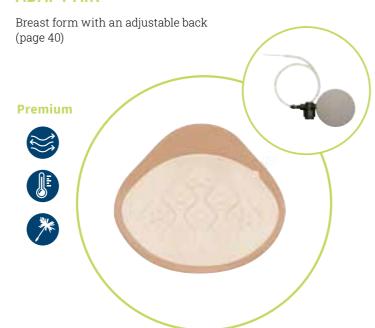








## **ADAPT AIR**













## **CONTACT**

Breast form with a self-adhesive back (page 42)

## **Premium**









## **ENERGY**

Breast form with a breathable back (page 44)

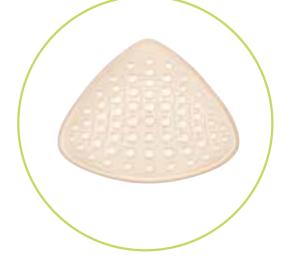
## **Advanced**











## **NATURA**

Breast form with a temperature-regulating back (page 46)

## **Advanced**









## **ESSENTIAL**

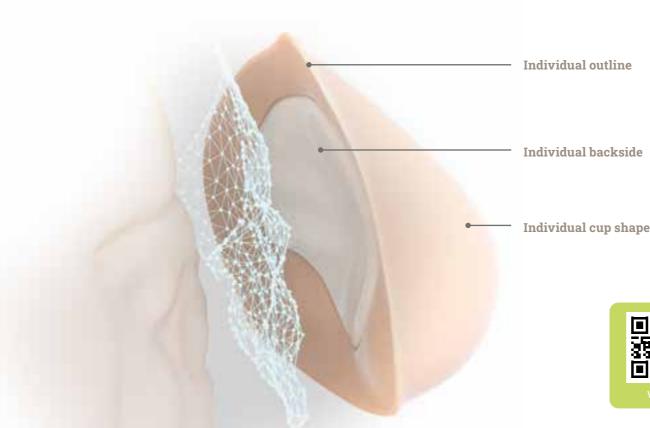
Breast form that provides the basic care needed for a symmetrical appearance (page 48)

**Basic** 



## The perfect fit, specially made according to your patient's needs

Amoena Custom Forms represent the leading standard in custom breast care and feature the latest 3D-scan technology to fit the individual requirements and body shape of your patient. This breast form is the ideal solution when it's not possible to find a good fit using a standard breast form, whether after a mastectomy or breast-conserving operation.





- Individual fit: The footprint, back and cup are all specially tailored to your patient's body.
- · Colour: Choose between a lighter (ivory) or darker (tawny) skin tone.
- Nipples: Choose the perfect product for your patient from our range of different colours and sizes.
- 3 weight options available:
- · Standard: Regular weight
- · Light: ~25 % lighter1
- Xtra Light: ~40 % lighter<sup>1</sup>

Select further product features for customised care according to the needs of your patient.

## <sup>1</sup> Compared to a breast form made of standard silicone of the same shape and size. Advice: The custom-made breast forms are chargeable to medical device number 37.35.08.6001 (Breast forms, individually manufactured)

## Custom +

Made from InTouch silicone

· InTouch silicone covered with a special coating for an extra soft and natural feel

## Recommended for women who:

- Are looking for a simple, custom-made breast form for a symmetrical silhouette

## Custom ++

## With a temperature-regulating back

- · InTouch silicone covered with a special coating for an extra soft and natural feel
- · Patented Comfort+ technology reduces overheating and sweating

## Recommended for women who:

· Experience hot flushes due to menopause or medication

## Custom +++

## With an adjustable back

- InTouch silicone covered with a special coating for an extra soft and natural feel
- · Patented Comfort+ technology reduces overheating and sweating
- Integrated AirChamber technology for individual adjustment in the event of slight weight fluctuations or lymphoedema, providing optimal flexibility when choosing a bra

## Recommended for women who:

- Experience hot flushes due to menopause or medication
- Experience weight fluctuations (and the resulting fluctuations in cup size)
- Experience other size fluctuations due to lymphoedema

## Custom +++

## With a self-adhesive back

- · InTouch silicone covered with a special coating for an extra soft and natural feel
- · Patented Comfort+ technology reduces overheating and sweating
- · Self-adhesive back for relief of the shoulder and neck area

## Recommended for women who:

- · Have pain in the shoulder/neck area
- · Have been diagnosed with lymphoedema



## Contact our experts to discuss personalised breast care options

Offer your patients expert advice and a comprehensive range of products for optimal care. Receive training from our Custom Form experts. For more information, contact your area manager or get in touch with our customer service team.

## **CONTACT US**



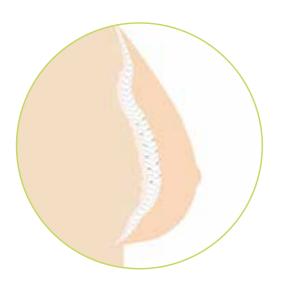


Via Email service@amoena.com

<sup>2</sup>Depending on the size/shape of the custom-made breast form, some technologies may not be avai

## **ADAPT AIR**

Breast form with an adjustable back



## ADAPT AIR triple-layer breast form



Soft, matte PU film and premium-quality silicone guarantee a pleasant feel



## Comfort+

Reduces heat and perspiration beneath the breast form



## AirChamber Technology

- Precisely and individually adaptable thanks to integrated AirChamber Technology - the perfect fit every time, even for patients who experience weight fluctuations or swelling due to lymphoedema
- Fine volume adjustment offers greater flexibility when choosing a bra
- Reduces heat and perspiration thanks to Comfort+ material
- Lightweight: InTouch Light and Xtra Light silicone make the breast form 25-40 % lighter



## Flexible, individually adjustable back

Particularly close fit even with uneven chest wall.

## PARTICULARLY SUITABLE FOR WOMEN WHO:

- · have uneven scar tissue
- · experience weight fluctuations (and the resulting fluctuations in
- have swelling from lymphoedema











## **WEIGHT OPTIONS**



## **COLOURS**









## **Overview**

Image	Product name	Item no.	Cup form <sup>1</sup>	Weight	Shape <sup>2</sup>	Sizes	Colour*	Layers
Q-0	Adapt Air Xtra Light 1S <sup>N</sup>	328	1 – shallow	<b>- 40</b> %	S	1-14	Ivory	3
9	Adapt Air Xtra Light 2S <sup>N</sup>	326	2 – average	- 40 %	S	1-14	Ivory Tawny (upon request)	3
<b>Q</b>	Adapt Air Light 1S <sup>N</sup>	329	1 – shallow	- 25 %	S	1–14	Ivory	3
9	Adapt Air Light 2S <sup>N</sup>	327	2 – average	<b>- 25</b> %	S	1–14	Ivory	3

For fitting tips and sizing chart see page 94 and 95.

- 1 Shallow cup form: concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 Average cup form: even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size
- 3 Full cup form: convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

## 2) OVERVIEW OF FORMS:

- S = Symmetrical: Can be worn on the left and right side interchangeably
- A = Asymmetrical: Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- E = Extra: Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

## **CONTACT triple-layer breast form**



Soft, matte PU film and premium-quality silicone guarantee a pleasant feel



## Comfort+

Reduces heat and perspiration behind the breast form



## Contact

- · Adapts to body movements just like a natural
- · Provides relief for neck and shoulders thanks to direct adhesion to the chest wall
- · Offers more flexibility when choosing clothes

- suffer from shoulder/neck pain
- · have a larger cup size

42

## PARTICULARLY SUITABLE FOR WOMEN WHO:

· have lymphoedema

For fitting tips and sizing chart see page 94 and 95.

**Contact Light 2S** 

**Contact Light 3S** 

Contact 1S

Contact 2S

Contact 2A

**Contact 3S** 

**Contact 3E** 

380

385

384

381

383

382

386

## **WEIGHT OPTIONS**





## **COLOURS**







- 1 Shallow cup form: concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 Average cup form: even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size

43

S

S

1-14

0-10

1-14

1-12

0-10

1-14 L/R

Ivory

Ivory

Ivory

Ivory

Ivory Tawny

(upon request)

0-12 L/R Ivory

3

3

3

3

3

3

3

- 25 %

**- 25** %

full even weight

distribution

distribution

distribution

distribution

2 - average

3 - volume

1 - shallow

2 - average

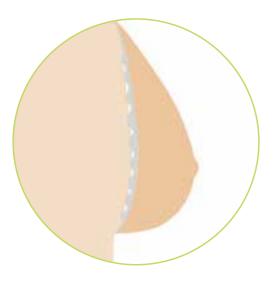
3 – volume

3 - volume

3 - Full cup form: convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

## 2) OVERVIEW OF FORMS:

- S = Symmetrical: Can be worn on the left and right side interchangeably
- A = Asymmetrical: Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- E = Extra: Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape



## **Energy triple-layer breast form**



Soft, matte PU film and premium-quality silicone quarantee a pleasant feel

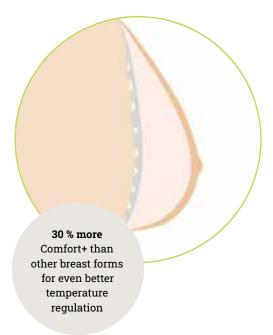


Reduces heat and perspiration behind the breast form



## 3D pearls

Ensure optimal air circulation and allow moisture to evaporate



## **Energy Cosmetic triple-layer breast form**



## Comfort+

Reduces heat and perspiration behind the breast form



Lightweight form with a natural appearance

## PARTICULARLY SUITABLE FOR WOMEN WHO:

- experience hot flushes due to menopause or medication
- · have a tendency to perspire in hotter temperatures
- · take part in sports

44

## **WEIGHT OPTIONS**









## **COLOURS**





S Ivory Tawny - 25 % Energy Light 2 S 342 2 – average 1-14 3 (upon request) - 20 % **Energy Cosmetic 2S\*** 310 2 – average 1-14 Ivory 3 **Energy Cosmetic 3S\*** 311 3 – volume - 20 % 1-12 3 full even weight **Energy 1S** 349 shallow 1-12 Ivory 3 distribution

For fitting tips and sizing chart see page 94 and 95.

\*while stock last until 2025

- 1 Shallow cup form: concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 Average cup form: even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size

45

3 - Full cup form: convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

## 2) OVERVIEW OF FORMS:

- S = Symmetrical: Can be worn on the left and right side interchangeably
- A = Asymmetrical: Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- E = Extra: Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

Advanced

Overview

Breast form with a temperature-regulating back.







Soft, matte PU film and premium-quality silicone guarantee a pleasant feel

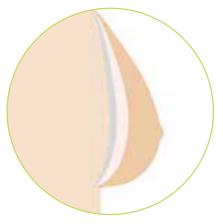


## Comfort+

Reduces heat and perspiration behind the breast form

## PARTICULARLY SUITABLE FOR WOMEN WHO:

- have soft breast tissue (Natura 1S and 3E)
- want or need a very light breast form (Natura Xtra Light)



## NATURA triple-layer breast form



Soft, matte PU film and premium-quality silicone guarantee a pleasant feel



## Comfort+

Reduces heat and perspiration behind the breast form



## Soft gel back

Sits comfortably against sensitive scar tissue

## or



Lightweight form that comes in plain, natural colours

## PARTICULARLY SUITABLE FOR WOMEN WHO:

· have sensitive scar tissue

## **WEIGHT OPTIONS**











46



## **COLOURS**



Image	Product name	Item no.	Cup form <sup>1</sup>	Weight	Shape <sup>2</sup>	Sizes	Colour*	Layers
	Natura Xtra Light 1S <sup>N</sup>	401	1 – shallow	<b>- 40</b> %	S	1-14	Ivory	2
	Natura Xtra Light 2S <sup>N</sup>	400	2 – average	<b>- 40</b> %	S	1–17	Ivory Tawny	2
	Natura Light 1S <sup>N</sup>	402	1 - shallow	- 25 %	S	1-14	Ivory	3
	Natura Light 1S	664	1 - shallow	<b>- 25</b> %	S	1-14	Ivory	3
	Natura Light 2S	390	2 – average	- 25 %	S	1–17	Ivory Tawny	3
	Natura Light 2A	392	2 – average	<b>- 25</b> %	A	0-14 L/R	Ivory	3
	Natura Light 3S	391	3 – volume	<b>- 25</b> %	S	0-12	Ivory	3
	Natura Cosmetic 2S <sup>N*</sup>	323	2 – average	-20 %	S	1-14	Ivory	3
	Natura Cosmetic 3S*	321	3 – volume	-20 %	S	1-12	Ivory	3
	Natura Cosmetic 3E*	322	3 – volume	-20 %	E	1-14 L/R	Ivory	3
	Natura 1S	396	1 – shallow	full even weight distribution	S	1-14	Ivory	2
	Natura 2S	398	2 – average	full even weight distribution	S	1-10	Ivory	3
	Natura 2A	393	2 – average	full even weight distribution	A	0-12 L/R	Ivory	3
	Natura 3S	395	3 – volume	full even weight distribution	S	0-12	Ivory	3
	Natura 3E	397	3 – volume	full even weight distribution	E	1-14 L/R	Ivory	2

For fitting tips and sizing chart see page 94 and 95.

\*while stock last until 2025

## 1) OVERVIEW OF CUP FORMS:

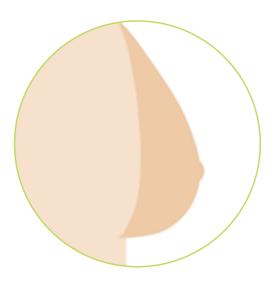
- 1 Shallow cup form: concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 Average cup form: even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size

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3 - Full cup form: convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

## 2) OVERVIEW OF FORMS:

- S = Symmetrical: Can be worn on the left and right side interchangeably
- A = Asymmetrical: Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- E = Extra: Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape



## Single-layer breast form



Soft, matte PU film and high-quality silicone guarantee a pleasant feel

Standard and lightweight breast forms to create a symmetrical appearance and restore a feminine silhouette.

High-quality basic care covered by health insurance.

## PARTICULARLY SUITABLE FOR WOMEN WHO:

- have undergone ablation/mastectomy
- and wish to recreate a symmetrical appearance

## **WEIGHT OPTIONS**





-25 %

**COLOURS** 

Ivory

Tawny

48

Image	Product name	Item no.	Cup form <sup>1</sup>	Weight	Shape <sup>2</sup>	Sizes	Colour*	Layers
	Essential Light 1S <sup>N</sup>	314	1 - shallow	<b>– 25</b> %	S	1–14	Ivory	1
	Essential Light 2S	442	2 – average	<b>– 25</b> %	S	1–17	Ivory Tawny	1
	Essential Light 2A	356	2 – average	<b>– 25</b> %	A	0-14 L/R	Ivory	1
	Essential Light 3S	367	3 – volume	<b>– 25</b> %	S	0-12	Ivory	1
	Essential Light 3E	556	3 – volume	<b>– 25</b> %	E	1-14 L/R	Ivory Tawny (upon request)	1
	Essential 1S*	630	1 - shallow	full even weight distribution	S	1–12	Ivory	1
	Essential 2S	440	2 – average	full even weight distribution	S	1–12	Ivory	1
	Essential 2A	353	2 – average	full even weight distribution	A	0-12 L/R	Ivory	1
	Essential 2E*	474	3 – volume	full even weight distribution	E	0-12	Ivory Tawny (upon request)	1
	Essential 3S	363	3 – volume	full even weight distribution	S	0-12	Ivory	1

For fitting tips and sizing chart see page 94 and 95.

\*while stock last until 2024

## OVERVIEW OF CUP FORMS:

- 1 Shallow cup form: concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 Average cup form: even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size
- 3 Full cup form: convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

## 2) OVERVIEW OF FORMS:

- S = Symmetrical: Can be worn on the left and right side interchangeably
- A = Asymmetrical: Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- **E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape
- \*Light und Xtra Light forms have a more muted colour.

## **ACCESSORIES**

## Additional breast forms and accessories

Image	Product name	Item no.	Special features	Material	Form*	Size	Colour
	Aqua Wave Swimform	149	Blue transparent silicone breast form for water activities. Structured back allows water and air to pass through. Comes with waterproof case		S	1–14	blue transparent
	Balance Aqua Wave	150	Blue transparent silicone shaper for water activities. Structured back allows water and air to pass through. Comes with waterproof case		S	1/2-11/12	blue transparent
	Self-adhesive nipples	136   Ivory, 137   Almond 138   Bronze 139   Tawny	Supple, self-adhesive silicone. For use with our range of breast forms and shapers. Also suitable to wear on reconstructed breasts or nipples. Includes a 30ml bottle of Amoena SoftCleanser for cleaning	2 pcs including 30ml SoftCleanser	_	S 3,4 cm, M 3,9 cm, L 4,9 cm	-
	Demo Kit self-adhesive nipples	134	Demo Kit with nipples in each colour and size to help patients determine which model they need (only available for stockists)	Kit with 12 nipples	-	_	-
	Amoena Soft Cleanser	087	Specially developed for cleaning the adhesive surface of self- adhesive Amoena products (Contact breast forms, Contact breast shapers and nipples). No oil-based ingredients. Also suitable for cleaning non- adhesive breast forms		-	150 ml	-
	Amoena Soft Brush	089	Specially developed for Amoena products. Very soft, round bristles that do not damage the adhesive surface	1 pcs	-	-	-
9	Adapt Air Pump	070	Replacement pump for Adapt Air breast forms	1 unit in a polybag including instructions for use	-	-	-

Image	Product name	Item no.	Special features	Material	Form*	Size	Colour
	Breast Form Cover	160	Protects breast forms, seamless front, soft fabric, opening on the back. Hand wash at 30 degrees. Suitable for breast forms 2S and 3S	1 unit in a polybag including instructions for use	-	1–17	-
	Contact Back Pad and	Foils			-	_	_
	for items 380, 381 (2S)	172			-	_	-
	L/R for item 386 (3E)	171		Includes 1 back pad and 2 foils	-	_	-
	L/R for item 383 (2A)	170	Back pads make it possible to wear the Contact breast form in a bra pocket. The foils		-	_	-
NE STATE OF THE ST	for item 384 (1S)	167	protect the adhesive back while they are being stored. Different shapes available for different breast form sizes		-	_	_
	for item 382, 385 (3S)	168			-	_	-
	for item 286 (SV)	146			-	_	-
	for item 229 (BMD), 230 (BVD)	173			-	-	-

## LINGERIE AND SWIMWEAR

PORTFOLIO OVERVIEW	53
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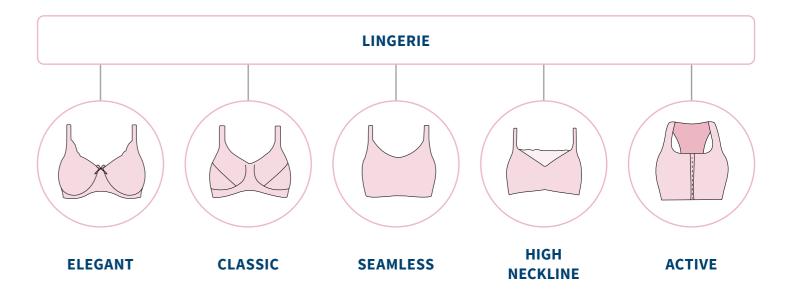


# WHERE EVERYDAY LIFE CONTINUES





# LINGERIE AND SWIMWEAR PORTFOLIO OVERVIEW

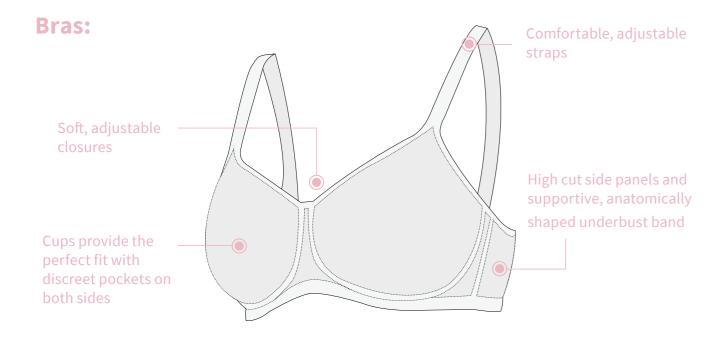






## **EXCLUSIVES**

## **AMOENA SPECIAL GARMENTS**



## **Swimwear:**



54

## **MATERIALS**

Our special bras and swimwear are made with only the highest quality materials.



# Tencel\* Feels so right

## OekoTex®

OEKO-TEX® STANDARD 100 is one of the world's best-known labels for textiles tested for harmful substances. The OEKO-TEX® testing institutes use it for the globally standardised certification of the safety of textile products in terms of human health. This involves subjecting not only the textiles themselves, but also upstream products and all the components of the product to thorough testing. Products that pass this test are permitted to bear the label "OEKO-TEX® STANDARD 100 - Textiles you can trust." The certification is valid for one year. We only use materials certified by OEKO-TEX® in our production process.

## TENCEL™ Modal

- TENCEL™ Modal fibres are derived from wood grown under controlled, sustainable forestry conditions
- These fibres are produced through an innovative process with low environmental impact
- TENCEL™ fibres are very soft and breathable
- TENCEL™ is a trademark of Lenzing AG



## Bamboo

- · Bamboo is a renewable resource
- It is an environmentally friendly fibre thanks to its lower water consumption, fast regrowth and pesticide-free cultivation
- The bamboo cellulose is manufactured by a viscose process and the resulting fibres can be processed into varoius textiles.
   Materials can be lightweight, breathable and have natural antibacterial properties.



## LYCRA® XTRA LIFE™

- LYCRA® XTRA LIFE™ Elastane ensures long lasting fit and shape retention
- It is up to 10x more resistant to harmful effects of the swim environment like suntan lotion, heat and chlorine than unprotected Elastane
- · Swimwear looks like new for longer
- LYCRA® XTRA LIFE™ is a trademark of The LYCRA Company



This feminine lingerie adorned with pretty lace, looks great and is comfortable too.



## **COLOURS**





Sand



Blac

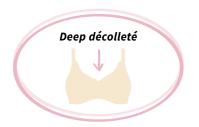
## **FEATURES**

- Eye-catching styles featuring plenty of lace
- Customisable styles that can be personalised
- Comfortable and adjustable with elastic straps
- · Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 100 E

## **BRA FEATURES**

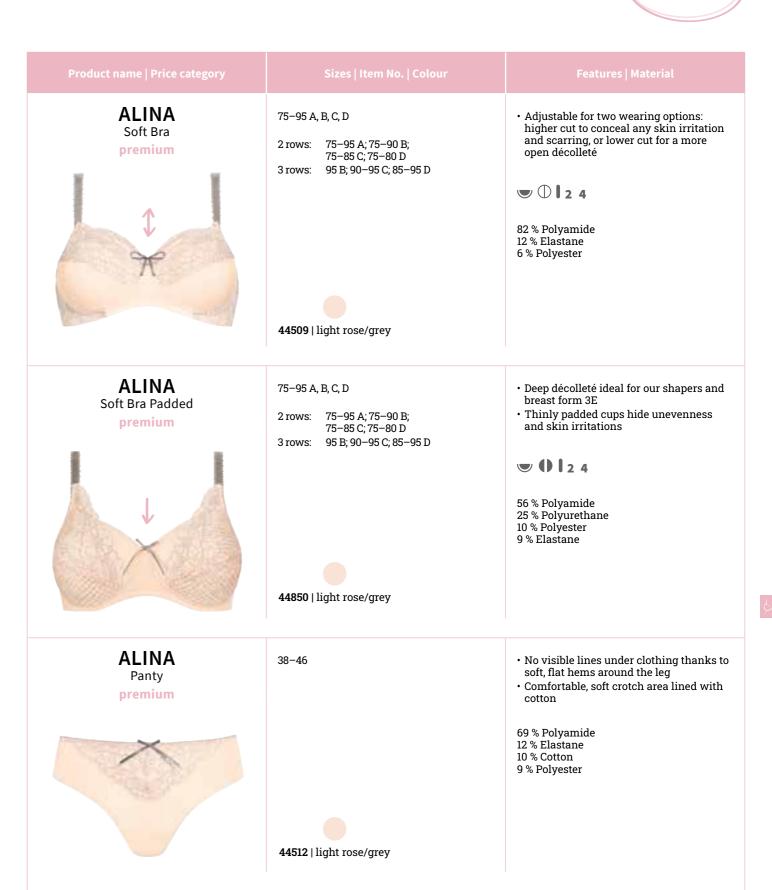
$\cup$		$\bigcirc$	0			()		$\bigcirc$
Wired bra	Soft Bra	Cut and sewn cups	Cut and sewn foam cups	Moulded cups	Moulded foam cups	Comfort straps	Side bones	High cottor content
<b>POCKET FEA</b>	TURES							
1	2	3	4	5	7			
Mandalad	0	m-11-	) (: £ l	0-#	O41			

56





## Overview



57

Product colours may vary slightly from those shown in the photos.

**KAROLINA** 

Soft Bra

premium

70-100 A, B, C, D, E

2 rows: 70-95 A; 70-90 B; 70-85 C; 70-80 D; 70-75 E

**2** 4

3 rows: 100 A, 95-100 B; 90-100 C; 85-100 D; 80-100 E

44505

44856 44763 sand black/sand 75 % Polyamide 20 % Elastane 5 % Viscose

white/ light sand





75-100 AA, A, B, C, D

2 rows: 75–100 AA, 75–95 A; 75–90 B; 75–85 C; 75–80 D 3 rows: 100 A; 95-100 B; 90-100 C; 85-100 D

white/

light sand





44857 sand

44764 black/sand Padded cups cover any unevenness and skin irritation

· Pockets made from breathable, temperature-regulating microfibre

· Comfortable, soft crotch area lined with

• Pockets made from breathable, temperature-regulating microfibre



**2** 1 2 4

55 % Polyamide 27 % Polyester 14 % Elastane 4 % Viscose

## **KAROLINA** Wired Bra



75-100 A, B, C, D, E

2 rows: 75-95 A; 75-90 B; 75-85 C; 75-80 D; 3 rows: 100 A, 95-100 B; 90-100 C; 85-100 D;

80-100 E



white/

light sand





sand





black/sand

77 % Polyamide 20 % Elastane 3 % Viscose

 $\cup \oplus \mathbb{I}$  2 4

material

**KAROLINA** Panty premium



36-48

71 % Polyamide 20 % Elastane

cotton

44508 white/ light sand



sand



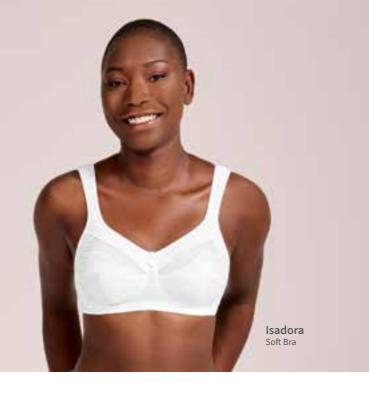
black/sand

7 % Cotton 2 % Viscose Our model, Aurélie, has had breast cancer surgery

59

Product colours may vary slightly from those shown in the photos.

Lingerie that combines function with timeless design for everyday use – the perfect companion for any occasion



## **COLOURS**













Black

## **FEATURES**

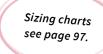
- Functional features such as a front closure and wide, padded and adjustable comfort straps provide relief for the neck and shoulders
- ${\boldsymbol{\cdot}}$  Functional materials: very skin friendly cotton and breathable microfibre
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 115 G

## **BRA FEATURES**

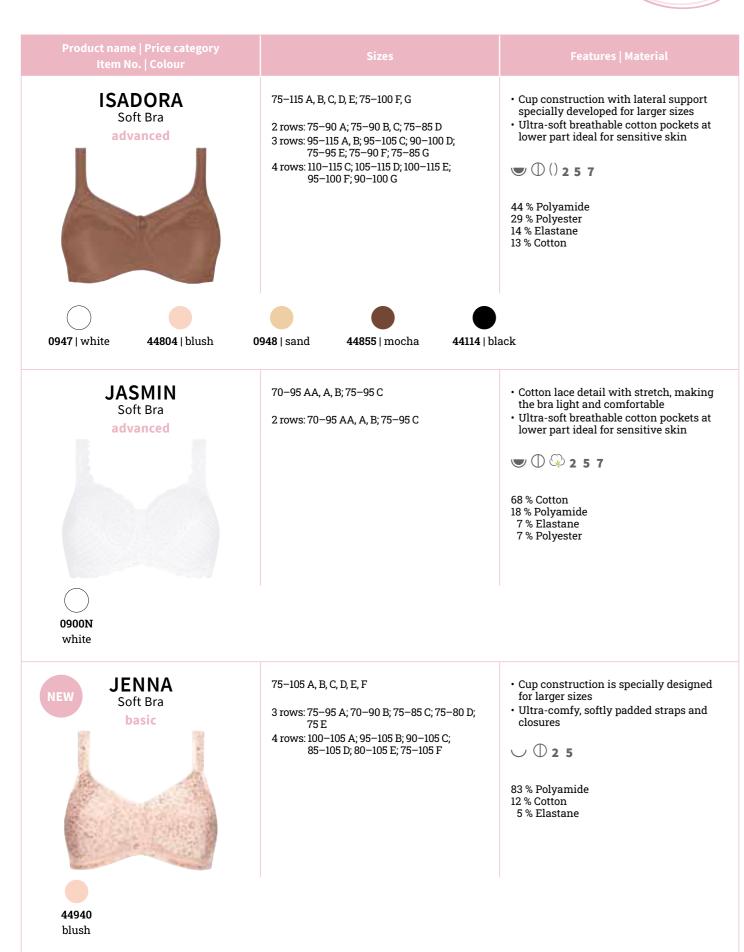
$\cup$		$\bigcirc$	0			()	1	$\bigcirc$
Wired bra	Soft Bra	Cut and sewn cups	Cut and sewn foam cups	Moulded cups	Moulded foam cups	Comfort straps	Side bones	High cotton content
<b>POCKET FEA</b>	TURES							
1	2	3	4	5	7			
Moulded	Cut and sewn	Tulle	Microfibre	Cotton	Other			

60

## Overview



Product name   Price category Item No.   Colour	Sizes	Features   Material
CAMILLA Soft Bra advanced	75–100 A, B, C, D, E  2 rows: 75–100 AA; 75–95 A; 75–90 B; 75–85C; 75–80 D; 75 E  3 rows: 100 A; 95–100 B; 90–100 C; 85–100 D; 80–100 E	<ul> <li>3-section cup for perfect support even for larger sizes</li> <li>Wide, padded front straps for optimal comfort</li> <li>Straps are adjustable at the back</li> <li>Higher coverage at the side and back part for high stability</li> <li>() 2 4</li> <li>86 % Polyamide 14 % Elastane</li> </ul>
CAMILLA Soft Bra Padded advanced	75–95 AA, A, B, C, D  2 rows: 75–100 AA; 75–95 A; 75–90 B; 75–85 C; 75–80 D  3 rows: 100 A; 95–100 B; 90–100 C; 85–100 D  44928 black/sand	<ul> <li>Padded foam cup covered with decorative all-over lace for an ideal cup shape</li> <li>Wide, padded front straps for optimal comfort</li> <li>Straps are adjustable at the back</li> <li>Higher coverage at the side and back for high stability</li> <li>() 2 4</li> <li>82 % Polyamide 18 % Elastane</li> </ul>
CAMILLA Wired Bra advanced	75 - 95 B, C, D, E, F  2 rows: 75-90 B; 75-85 C; 75-80 D; 75 E  3 rows: 95 B; 90-95 C; 85-95 D; 80-95 E; 75-95 F  44929  black/sand	<ul> <li>3-section cup for perfect support even for large sizes</li> <li>Straps are adjustable at the back</li> <li>Higher coverage at the side and back part for high stability</li> <li>2 4</li> <li>81 % Polyamide</li> <li>19 % Elastane</li> </ul>



**LESLIE** 75-125 A, B, C, D, E; 75-120 F; · Structured material, also on the pockets, 75-115 G provides a light massage effect Soft Bra · Cup construction specially designed for premium larger sizes, wide range of sizes 2 rows: 75-85 A; 75-80 B; 75 C · Higher coverage of side and back parts 3 rows: 90-100 A; 85-95 B; and wider underbust band for even 80-90 C; 75-85 D; greater wearing comfort 75-80 E; 75 F 4 rows: 105-125 A; 100-125 B; 95-125 C; 90-125 D; **() 2 7** 85-125 E; 80-120 F; 75-115 G 88 % Polyamide 12 % Elastane 44847 | sand

## NANCY Soft Bra basic



75-110 A, B; 75-120 C, D; 75-115 E, F, G

2 rows: 75-95 A; 75-80 B; 75 C 3 rows: 100-110 A; 85-95 B; 80-90 C; 75-85 D; 75-80 E; 75 F 4 rows: 100-110 B; 95-120 C; 90-120 D;

85-115 E; 80-115 F; 75-115 G

· Pockets made from breathable, temperature-regulating material



60 % Polyester 31 % Polyamide 9 % Elastane

44480 | white 1151 | light sand 44807 | blush

44870 | black

NANCY Soft Bra Front Closure



44739

light sand\*

75-110 A, B; 75-120 C, D; 75-115 E, F, G Front:

5 rows: 75 A; 70 B; 85 B; 80 C; 75 D 6 rows: 80-90 A; 75-80 B; 90 B; 75 C; 85 C; 80 D 7 rows: 95-105 A; 95-100 B; 110 B; 90-95 C; 105-110 C; 85-90 D; 100-105 D; 120 D; 75-80 E;

90-95 E; 110-115 E; 75-80 F; 95-100 F; 75 G; 90-95 G 8 rows: 110 A; 105 B: 100 C; 95 D; 85 E

9 rows: 115-120 C; 110-115 D; 100-105 E; 85-90 F; 110-115 F; 80-85 G; 105-110 G

10 rows: 105 F; 100 G 11 rows: 115 G Back:

2 rows: 70-80 B; 75 C 3 rows: 85-95 B; 80-90 C; 75-85 D; 75-80 E; 75 F

4 rows: 100 B; 95-120 C; 90-120 D; 85-115 E; 80-115 F; 75-115 G

- · Based on our best-selling Nancy Soft Bra with additional front closure
- Pockets made from breathable, temperature-regulating material



60 % Polyester 31 % Polyamide 9 % Elastane

Product colours may vary slightly from those shown in the photos.

Product colours may vary slightly from those shown in the photos.

44740

dark grey\*

\*while stock lasts

44808

blush

Sizing charts

see page 97.

Overview	Sizing charts see page 97.

Product name   Price category Item No.   Colour	Sizes	Features   Material
NORA Soft Bra advanced	80–105 A, B, C, D 2 rows: 80–85 A, B, C, D 3 rows: 90–105 A, B, C, D	<ul> <li>Cup construction with lateral support specially developed for larger sizes</li> <li>Ultra-soft breathable cotton pockets ideal for sensitive skin</li> <li>□ ()   □ 2 5</li> <li>48 % Cotton</li> <li>44 % Polyamide</li> <li>8 % Elastane</li> </ul>
0555N   white*		
RITA Soft Bra basic	75–100 A, B, C; 75–105 D; 80–105 E 2 rows: 75–100 A; 75–85 B; 75–80 C 3 rows: 90–100 B; 85–100 C; 75–85 D; 80–85 E 4 rows: 90–105 D, E	<ul> <li>Pockets made from breathable, temperature-regulating material</li> <li>2 7</li> <li>77 % Polyester</li> <li>19 % Polyamide</li> <li>4 % Elastane</li> </ul>
2004   white 2004   sand 2004	004   black	



## **SEAMLESS**

T-shirt bras with seamless cups ensure the bra is virtually invisible under clothing.



## COLOURS



## **FEATURES**

- Smart sizing: innovative materials and technologies provide the perfect support for fluctuations in size and cover intermediate sizes
- Functional materials: very skin friendly (organic) cotton and breathable microfibre
- Moulded padded cups cover any unevenness
- Partially adjustable, wide straps provide relief for the shoulders and neck
- · Lightly padded hook and eye fastening for additional comfort

Black

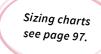
• Wide range of sizes up to 105 F / 95 G

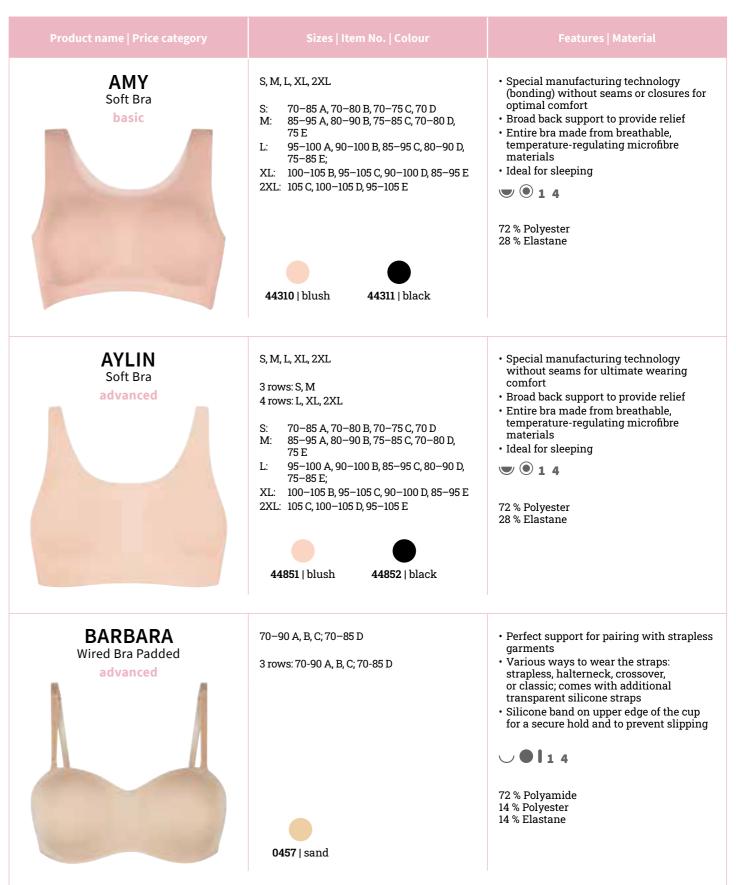
## **BRA FEATURES**

DICATEATOR	(L)								
$\cup$		$\bigcirc$	0			()			
Wired bra	Soft Bra	Cut and sewn cups	Cut and sewn foam cups	Moulded cups	Moulded foam cups	Comfort straps	Side bones	High cotton content	
<b>POCKET FEA</b>	ATURES								
1	2	3	4	5	7				
Moulded	Cut and sewn	Tulle	Microfibre	Cotton	Other				

66

## Overview





Product colours may vary slightly from those shown in the photos.

Sizing charts

see page 97.



3 rows: L, XL, 2XL

- 70-85 A, 70-80 B, 70-75 C, 70 D 85-95 A, 80-90 B, 75-85 C, 70-80 D, 75 E
- 95-100 A, 90-100 B, 85-95 C, 80-90 D, 75-85 E:
- XL: 100-105 B, 95-105 C, 90-100 D, 85-95 E
- 2XL: 105 C, 100-105 D, 95-105 E
- gentle massaging effect (including
- · Light, soft padding in cups that can be removed as required



**①** 1 7

92 % Polyamide 8 % Elastane



44803 | black

44802 | blush

44607 | blush



S, M, L, XL, 2XL

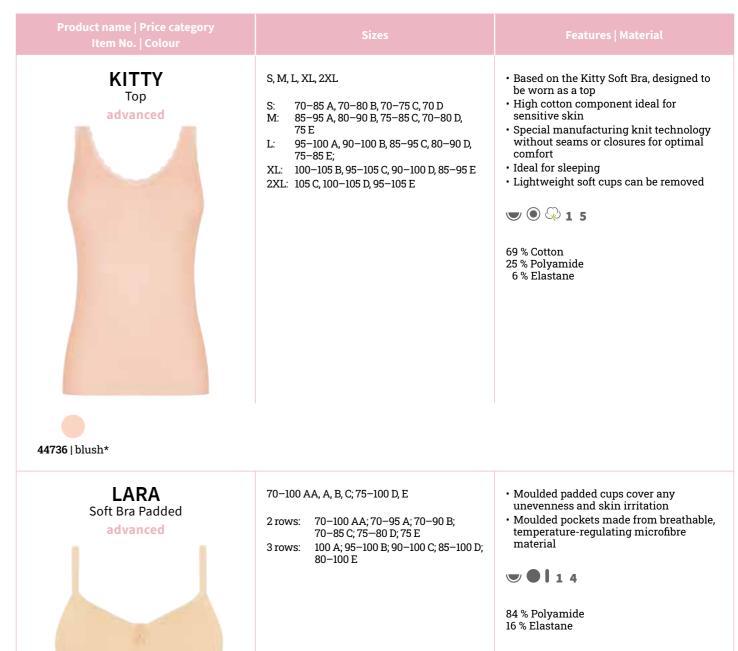
- 70-85 A, 70-80 B, 70-75 C, 70 D 85-95 A, 80-90 B, 75-85 C, 70-80 D,
- L: 95-100 A, 90-100 B, 85-95 C, 80-90 D, 75-85 E;
- XL: 100-105 B, 95-105 C, 90-100 D, 85-95 E
- 2XL: 105 C, 100-105 D, 95-105 E
- · High cotton component ideal for sensitive skin
- Special manufacturing knit technology without seams or closures for optimal comfort
- · Broad back support to provide relief
- · Ideal for sleeping
- Light, soft padding in cups that can be removed as required





69 % Cotton 25 % Polyamide 6 % Elastane





Product colours may vary slightly from those shown in the photos.

Product colours may vary slightly from those shown in the photos.

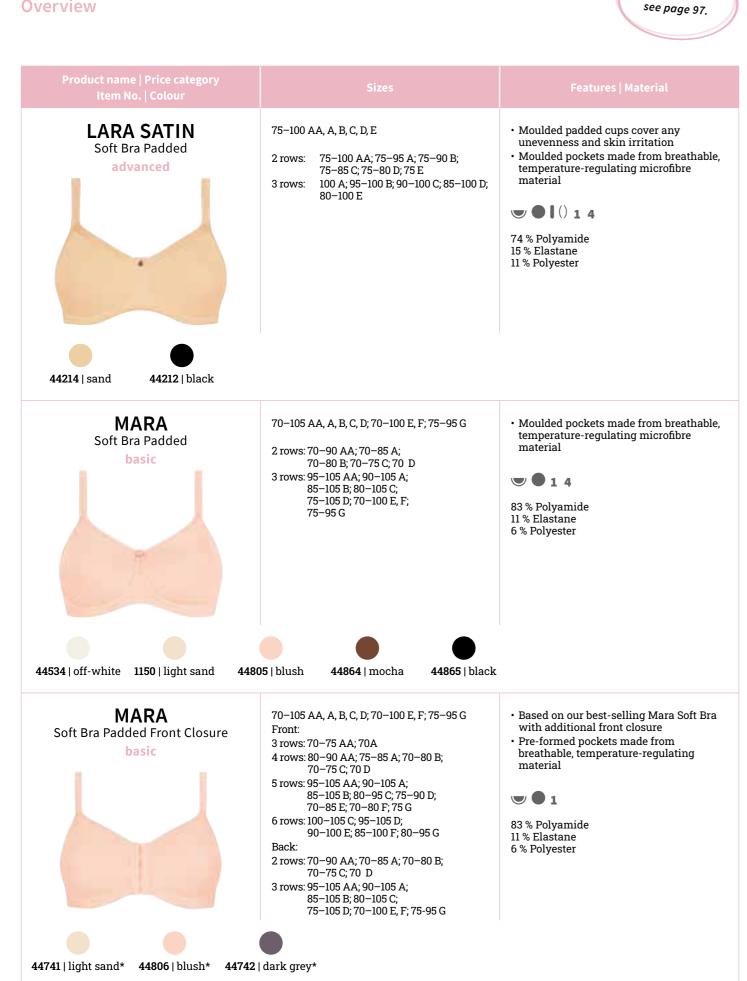
0674 | sand

0675 | black

\* while stock lasts

0752 | off-white

Sizing charts



70

**MIRA** 70-95 AA, A, B; 75-90 C, D; 75-85 E Enforced sides for more support Moulded pockets made from breathable, Soft Bra temperature-regulating microfibre 2 rows: 70-90 AA, A; 70-85 B; advanced material 75-80 C, D, E 3 rows: 95 AA, A; 90-95 B; 85-90 C, D; 85 E **()** 1 4 79 % Polyamide 21 % Elastane **44610** | light taupe MONA 70-95 AA, A, B; 75-90 C, D; 75-85 E Moulded pockets made from breathable, temperature-regulating microfibre Soft Bra material 2 rows: 70-90 AA, A; 70-85 B; advanced 75-80 C, D, E 3 rows: 95 AA, A; 90-95 B; **() | 1 4** 85-90 C, D; 85 E 79 % Polyamide 21 % Elastane 0606 | white 0568 | off-white 0614 | cognac 0591 | black TIANA 70-105 AA, A, B, C, D, E, F · Inspired by the Amoena Dianna bra · Breathable, temperature balancing Soft Bra 2 rows: 70-100 AA; 70-95 A; 70-90 B; material offers a good skin climate and a advanced 70-85 C; 70-80 D; 70-75 E; 70 F comfortable wearing feeling • Soft padded front straps for maximum 3 rows: 105 AA; 100-105 A; 95-105 B; 90-105 C; 85-100 D; 80-95 E; 75-90F comfort and to relieve the shoulders 4 rows: 105 D; 100-105 E; 95-105 F • () 1 4 75 % Polyamide 25 % Elastane in base size 75 B 44889 | off-white 44809 | sand 44931 | mocha 44890 | black NEW

Camisole-style bras with decorative lace along the décolleté to cover high scarring.



#### **COLOURS**







#### **FEATURES**

- High neckline with delicate lace inserts to cover high scarring or radiotherapy burns
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 95 E

#### **BRA FEATURES**

$\cup$		$\bigcirc$	0			()
Wired bra	Soft Bra	Cut and sewn cups	Cut and sewn foam cups	Moulded cups	Moulded foam cups	Comfort straps
<b>POCKET FEA</b>	TURES					
1	2	3	4	5	7	
Moulded	Cut and sewn	Tulle	Microfibre	Cotton	Other	

#### Overview



Product name   Price category Item No.   Colour	Sizes	Features   Material
ISABEL Soft Bra basic	75–100 AA, A; 75–105 B, C; 75–95 D, E  2 rows: 75–100 AA, A; 75–90 B, C 3 rows: 95–105 B, C; 70–90 D; 75–85 E 4 rows: 95 D; 90–95 E  2118   white  2118   black	<ul> <li>Ultra-soft breathable cotton pockets ideal for sensitive skin</li> <li>Cups with lateral support, specially designed for larger sizes for an even better fit</li> <li>2 5</li> <li>40 % Polyamide</li> <li>32 % Cotton</li> <li>18 % Polyester</li> <li>10 % Elastane</li> </ul>
ALINA Soft Bra premium	75–95 A, B, C, D  2 rows: 75–95 A; 75–90 B; 75–85 C; 75–80 D  3 rows: 95 B; 90–95 C; 85–95 D	<ul> <li>Adjustable for two wearing options: higher cut to conceal any skin irritation and scarring, or lower cut for a more open décolleté</li> <li>1 2 4</li> <li>Polyamide 12 % Elastane 6 % Polyester</li> </ul>

 $\bigcirc$ 

High cotton content

Side bones

Designed for playing sport with functional, breathable materials for optimal support and comfort.



#### COLOURS



White





Black

#### **FEATURES**

- · Good coverage and broad underbust band ensure optimal support
- Functional materials and breathable mesh inserts ensure better moisture absorption and temperature regulation
- Pockets made primarily from breathable, temperature-regulating microfibre materials
- · Wide padded and adjustable comfort straps to provide relief for the shoulders and back
- · Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 95 E

#### **BRA FEATURES**

DIALLAION	LJ							
$\cup$		$\bigcirc$	0			()		$\bigcirc$
Wired bra	Soft Bra	Cut and sewn cups	Cut and sewn foam cups	Moulded cups	Moulded foam cups	Comfort straps	Side bones	High cottor content
<b>POCKET FEA</b>	TURES							
1	2	3	4	5	7			
Moulded	Cut and sewn	Tulle	Microfibre	Cotton	Other			

74

#### Overview





Product colours may vary slightly from those shown in the photos.

 $<sup>\</sup>star\star$  for size definition see sizing chart on page 97.



#### **COLOURS**



**FEATURES** 

White





- Very soft modal (Tencel) material offers exception comfort for both day and nigh
- Built-in bra with integrated pockets and soft, padded cups to hold breast forms and shapers in place and conceal any unevenness
- The Amoena Wave Seam is a unique feature on the underbust band of the inner bustier that supports Amoena breast forms and shapers
- Adjustable double spaghetti straps
- Wide range of sizes up to 56

#### **FEATURES**

$\cup$	
Wired bikini top	Shelf Bra wit











76



7 Other back







### **POCKET FEATURES**

1	2	3	4	5
Moulded	Cut and sewn	Tulle	Microfibre	Cotton

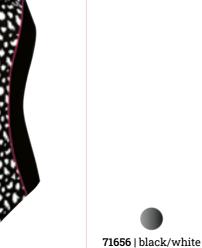
#### Overview

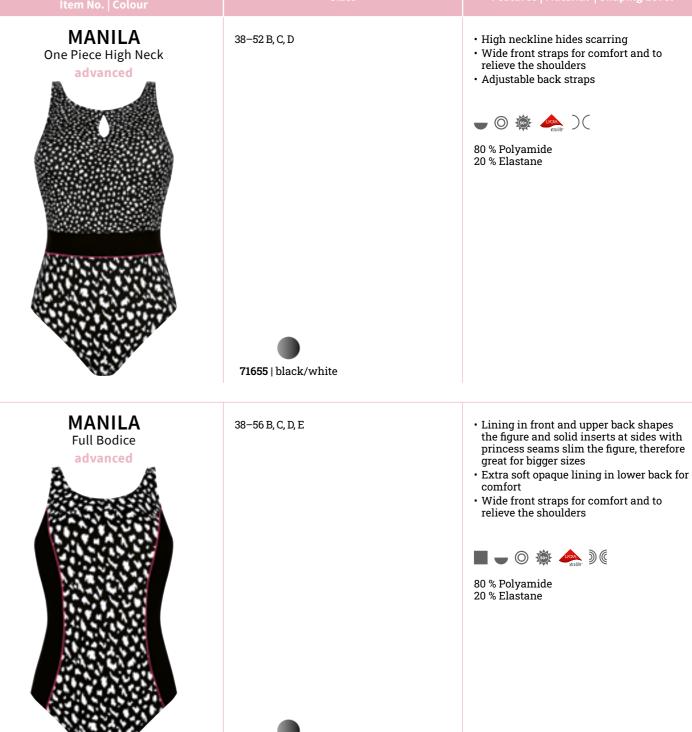
Product name   Price category Item No.   Colour	Sizes	Features   Material
VALLETTA Top advanced	36–56	<ul> <li>Ultra-soft TENCEL™ Modal material, which is extremely soft, breathable and offers a good skin climate</li> <li>Ideal for women who are extra sensitive to traditional bras as a result of treatment effects</li> <li>Supportive inner bustier with integrated bilateral pockets and soft padded cups holds a breast prosthesis or partial shaper securely in place,</li> <li>Tencel Tencel Tends to right</li> <li>Modal 10 % Elastane</li> </ul>
70230   white 44075   sand	44076   charcoal melange*	70229   black

Product colours may vary slightly from those shown in the photos.

#### Accessories

Image	Product name	Item No.   Colour	Sizes	Features
	Shoulder pads	052   transparent	one size	Relieves the shoulders and prevents pressure marks Transparent, soft and skin-friendly silicone for an inconspicuous appearance Can help distribute weight and relieve pressure on the shoulder if needed
	Bra Extender	121   black 122   white 123   off-white	2 Hook & Eye rows 3 Hook & Eye rows 4 Hook & Eye rows	<ul><li>Perfect match for Amoena bras</li><li>Suitable for volume fluctuations</li><li>Various heights</li></ul>





79



#### **COLOURS**



#### **FEATURES**

- Sustainable, high-quality materials such as LYCRA® XTRA LIFE™ ensure lasting fit and optimal chlorine resistance
- Material with excellent UV protection 50+ ensures optimal protection for sensitive skin and scars.
- · Supportive bustier with integrated pockets and soft, padded cups to hold breast forms and shapers in place and conceal any
- · The Amoena Wave Seam is a unique feature on the underbust band of the inner bustier that supports Amoena breast forms, shapers and Aqua Wave breast forms
- · Adjustable straps provide relief for the back and neck
- Wide range of sizes up to 56 E

#### **FEATURES**

































Full Bodice Light Shaping Effect Medium High Shaping Effect Shelf Bra with Moulded foam Shaping Effect super soft cups cups transparent lining in front and back lining in front

Product colours may vary slightly from those shown in the photos.

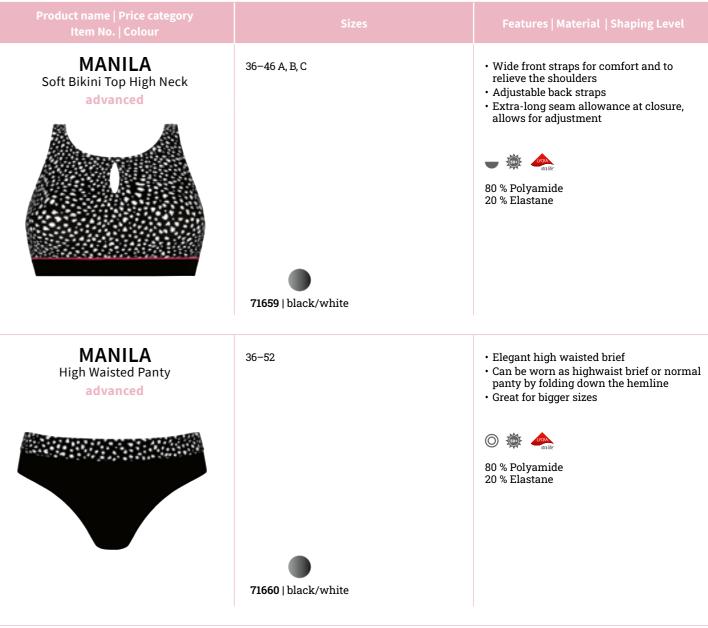
Sizing charts

see page 97.

Product name   Price category Item No.   Colour	Sizes	Features   Material   Shaping Level
MANILA Sarong advanced	38–52 B, C, D 71657   black/white	<ul> <li>One piece with skirt in front for additional coverage is great for bigger sizes</li> <li>Opaque lining at the front bottom and back for more opacity and coverage</li> <li>Wide front straps for comfort and to relieve the shoulders</li> <li></li></ul>
MANILA Blouson advanced	38-52 B, C, D	<ul> <li>Flattering style fits every figure</li> <li>Great for bigger sizes</li> <li>Adjustable straps with contrast piping</li> <li>So % Polyamide</li> <li>Elastane</li> </ul>

71658 | black/white

80



Product colours may vary slightly from those shown in the photos.

#### Additional breast forms

Image	Product name	Item No.	Features	Form	Size	Colour
	Aqua Wave Swimform	149	Silicone breast form especially for water activities, featuring raised waves that allow air and water to flow through	S	1-14	blue transparent
	Balance Aqua Wave Swimform	150	Silicone breast shaper especially for water activities, featuring raised waves that allow air and water to flow through	S	1/2-11/12	blue transparent

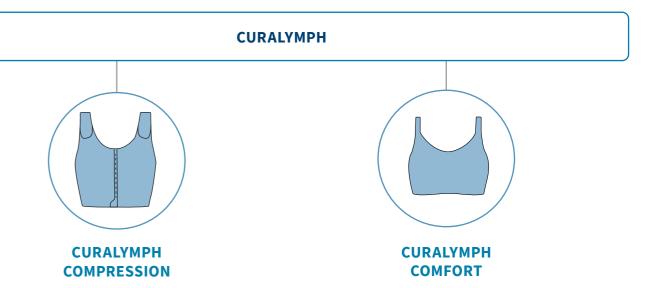
Product colours may vary slightly from those shown in the photos.

#### LYMPH CARE

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WHERE THE FLOW BEGINS

# LYMPH CARE PORFOLIO OVERVIEW



The Amoena Lymph Care Concept is ideal for patients after breast cancer surgery with mild lymphatic disease in the thoracic and/or chest area.

Our care concept combines products from Recovery Care, Breast Care Apparel and Breast Forms & Shapers. Our product solutions complement each other excellently and make a contribution to holistic care.

The **CuraLymph Comfort Products** and **Breast Care Textiles** are designed to prevent blocking of the lymphatic drainage, which can be caused by pressure peaks or constrictions. Together with the **Adapt Air** or our lightweight breast forms, these products are suitable for patients with mild lymphoedema.

Adapt Air
Breast forms & shapers



The perfect balance for maximum bra choice. Easy to adjust for the ideal volume.

Our **CuraLymph Compression products** provide optimal patient care. Medical compression supports lymphatic drainage by increasing interstitial pressure. This is ideal where lymphoedema has developed in the thoracic wall and/or chest. External pressure, in combination with movement of the thoracic area, has a positive effect on reducing the protein-rich lymph, as this pressure activates the lymphatic system.<sup>1</sup>

1 cf. Hansdorfer-Korzon et al., Relevance of low-pressure compression corsets in physiotherapeutic treatment of patients after mastectomy and lymphadenectomy, Patient Preference and Adherence 2016:10 1177-1187

### **CURALYMPH COMFORT**

#### **Lymph Care concept**

The Amoena Lymph care concept is ideal for patients after breast cancer therapy with mild lymphatic disease in the thoracic and/or chest area. The CuraLymph Comfort Products are designed to prevent blocking of lymphatic drainage, which can be caused by pressure peaks or constrictions. Together with the Adapt Air or our lightweight breast forms, these products are suitable for patients with mild lymphoedema.

#### Movement for wellbeing

After breast cancer therapy, especially if edematization occurs due to radiotherapy or lymph node removal, it is crucial to keep on moving. The right amount of exercise is essential – not too little and not too much. Exercise not only stimulates the circulation but also promotes lymphatic drainage.

Products with a light shaping effect and padded, wide straps are ideal for activities.

#### Colours



sand



Sand



Blacl

#### **Features**

- Wide shoulder straps for a high level of comfort and relief of shoulders, avoids cutting into the skin and does not impede lymphatic drainage.
- · Higher cut sides and back for more support and therefore a higher level of comfort
- Integrated pockets to hold breast forms and shapers in place, concealing unevenness



S, M, L, XL, 2XL, 3XL	High level of comfort for women with mild lymphoedema Light massage effect and microcirculation Ideal for physical activities and to wear at night  66 % Polyamide 66 % Polyester 8 % Elastane
_	
	S, M, L, XL, 2XL, 3XL  44812 44934 sand/light sand black NEW

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#### **Overview**



Product name   Price category	Sizes   Item No.   Colour	Features   Material
LIANE Leggins advanced	S, M, L, XL, 2XL, 3XL	Light compression leggings in ankle length     Wide knitted waistband     Ideal for physical activities in combination with Liane Top
	44935 black/grey	56 % Polyamide 36 % Polyester 8 % Elastane
LINDA Soft Bra premium	S, M, L, XL, 2XL, 3XL 4 rows: S, M, L, XL, 2XL, 3XL	Innovative bonding technology: Flat seams prevent cutting into the skin, lymphatic drainage is being supported Innovative SensElast® – technology on the side panels: maintain a light massage effect in combination with movement and microcirculation  High back closure: Good coverage, thus increased comfort
	44811 44936 sand black NEW	67 % Polyamide 33 % Elastane

#### **IMPORTANT TO KNOW!**



SensElast® - technology is an innovative 3D technology that joins materials together without seams. A wide range of effects can be achieved, from seamless finishes to textured surfaces.

### **CURALYMPH COMPRESSION**

#### Compression therapy in lymphoedema care

Our CuraLymph Compression products complement our existing portfolio to provide optimal patient care. Medical compression supports lymphatic drainage by increasing interstitial pressure. This is ideal where lymphoedema has developed in the thoracic wall and/or chest. External pressure, in combination with movement of the thoracic area, has a positive effect on reducing the protein-rich lymph, as this pressure activates the lymphatic system.

Compression therapy is usually a long-term treatment and requires appropriate products, which are used by the patient if there is a medical indication, as advised by their medical team.





Our model, Barbara, has had breast cancer surgery

#### **Colours**







#### **Features**

- Wide, adjustable straps for a high level of comfort and support
- Medically effective pressure (medical compression class 1)
- Textured material on skin provides a light massaging effect and microcirculation

#### **Overview**



Product name   Price category	Sizes   Item No.   Colour	Features   Material
LYMPH FLOW LONG Soft Bra Front Closure advanced	S, M, L, XL, 2XL	Medically effective pressure (medical compression class 1)     High level of comfort for women with mild lymphoedema     Light massage effect and microcirculation     Ideal for physical activities and during the night  89 % Polyamide 11 % Elastane
	44813   white 44815   black	
LYMPH FLOW Soft Bra Front Closure advanced	S, M, L, XL, 2XL, 3XL	Medically effective pressure (medical compression class 1) Innovative bonding technology Flat seams prevent cutting into the skin, lymphatic drainage is being supported Innovative SensElast® – technology on the side panels: Maintain a light massage effect in combination with movement and microcirculation High padded back closure: Good coverage, thus increased comfort
	44814   white 44816   black	50 % Polyamide 38 % Silicone, 11 % Elastane, 1 % Polypropylene

#### **EXPERT TIP:**

Lymph Flow SB FC is ideal for breast oedema, or if increased compression is required. Through daily wear and washing, the material adapts to the body.

**Lymph Flow Long SB FC** has high-functioning concealment, which is most suitable for oedema on the thoracic wall and/or dorsal, proximal or axillary emphasized oedema.

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Product name   Price category	Sizes   Item No.   Colour	Features   Material
LYMPH FLOW Pressure Pad basic	one size – 100 x 110 mm 020   clear	Silicone pad, rectangular (medical grade silicone, biocompatibility tested according to ISO 10993)  Ideal as an insert into the garment to increase pressure when required, to support localised oedema therapy  Textured surface encourages a light massage effect and supports the loosening of fibrous tissue, as well as a light massage of the scars  Washable and reusable – easy to clean for daily use
NEW LYMPH FLOW Breast Shell advanced	one size	Silicone breast shell (medical grade silicone, biocompatibility tested according to ISO 10993) ideal as an insert in the compression textile, increasing pressure and supporting oedema therapy for oedema specifically localised in the breast area  Structured surface: the structure on the skin side provides a massaging effect and stimulates microcirculation, thereby supporting the loosening of fibrotic tissue and a light scar massage

**030** | clear

• Washable and reusable for daily use

100 % Polydimethylsiloxan, 100 % medical silicone (Biocompatibility tested according to ISO 10993)

## **CURALYMPH SWIMWEAR**



#### Overview

Product name   Price category	Sizes   Item No.   Colour	Features   Material   Shaping Level
LAGOS Tankini premium	38–56 B, C, D, E  71666   black/multi	<ul> <li>Tight fit and use of shaping material provides a slight shaping effect and is ideal for large sizes</li> <li>High neckline hides scarringw</li> <li>High back neckline at the back and wide straps for additional comfort and to relieve the shoulders, to avoid cutting in and therefore not to hinder the lymphatic flow</li> <li>Ideal for larger sizes</li> <li></li></ul>
LAGOS Swim Bermuda premium	38-56 71667   black	Classic black can be worn with many other tops in the collection  Use of shaping material provides a slight shaping effect and is ideal for large sizes  Bermuda length for maximum coverage  Seamless finish at the leg hem to avoid cutting in and therefore does not lymphatic drainage   **Example Company Compan

Product colours may vary slightly from those shown in the photos.

#### **EXPERT TIP:**

Exercise is very important to help prevent and/or relieve lymphoedema. Swimming is particularly helpful – the pressure of the water and the movement stimulate lymphatic drainage.

# RECOVERY CARE MEASURING TIPS

#### **CuraSupport Comfort**

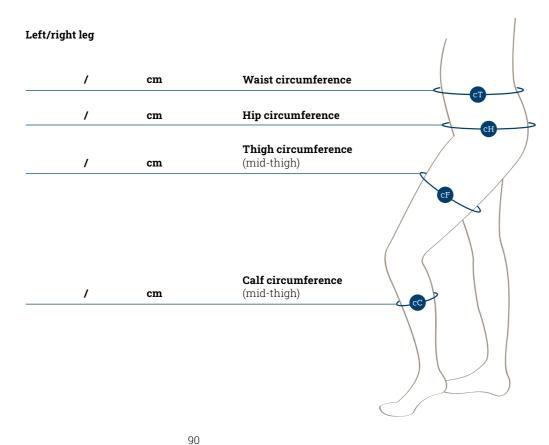
For more measuring tips, see page 96.

#### **CuraSupport Compression**

The underbust measurement is the only thing required to determine which size is required for our compression bras. There is no need to measure the chest circumference with our universal cup sizes, which can be individually adapted to the size required thanks to the flexible material.

#### **CuraScar Garments**

- · Ask the patient to undress. She can keep her underwear on if it makes her more comfortable.
- Ask the patient to stand up straight, avoid tensing her stomach, and breathe normally.
- Make sure the measuring tape is in a horizontal position. The tape must not twist or slip.
- $\bullet \ \ \text{When measuring, make sure the measuring tape isn't too tight or too loose against the skin.}$
- · Write down all the measurements you have taken directly onto the dimension sheet and measure again.
- · The measuring sheet is available from Amoena upon request.



## RECOVERY CARE SIZING CHART

#### **CuraSupport Comfort**

For sizing, see page 97 (lingerie sizing chart)

#### **CuraSupport Compression (seamless)**

Size	[cm]
Size	Underbust circumference
60/65	58 – 67
70/75	68 – 77
80/85	78 – 87
90/95	88 – 97
100/105	98 – 107
110/115	108 – 117
120/125	118 – 127
130/135	128 - 137



#### **CuraScar Garments**

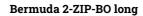
#### Belly bandage 3-VE

Size	[cm]									
Size	cT									
S/M	63 – 76									
L/XL	77 – 94									
2XL/3XL	95 – 112									
	Height compression bandage: 24 cm									

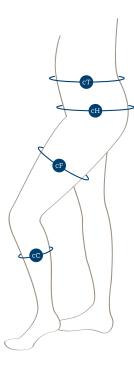


#### Panty 2-ZIP-BO

Cina	[cm]										
Size	cT	cН									
XS	61 – 66	86 – 91									
S	66 – 71	91 – 97									
M	71 – 76	97 – 102									
L	76 – 81	102 – 107									
XL	81 – 89	107 – 114									
2XL	89 – 99	114 – 124									



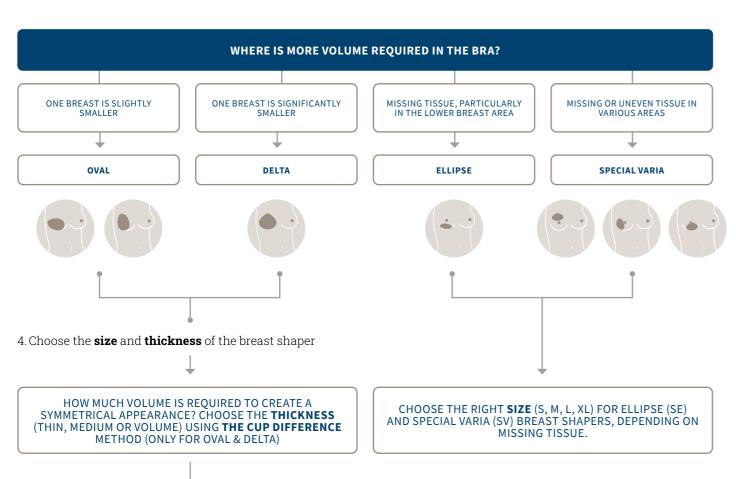
Size		[c:	[cm]							
Size	cT	сН	cF	сC						
XS	61 – 66	86 – 91	48 – 51	26 – 29						
S	66 – 71	91 – 97	51 – 54	29 – 32						
M	71 – 76	97 – 102	54 – 57	32 – 35						
L	76 – 81	102 - 107	57 - 60	35 – 38						
XL	81 – 89	107 – 114	60 - 65	38 – 41						
2XL	89 – 99	114 – 124	65 – 70	41 – 44						



## BALANCE – BREAST SHAPERS **SIZING**

#### Find the perfect breast shaper in 4 steps

- 1. First, find **the right sized bra** for your patient (see the fitting guide on page 96).
- 2. Ask about your **patient's specific requirements** to determine which product range you need (see care concepts on page 29).
- 3. Determine which **shape** your patient needs (Oval, Delta, Ellipse or Special Varia).

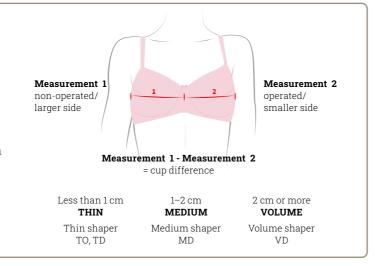


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#### **CROSS CUP DIFFERENCE METHOD (CCD)**

The cup is measured in centimetres from the centre front of the bra (breastbone) to the side seam.

- 1. Measure the fullest part of the cup on the nonoperated / larger side (measurement 1)
- 2. Measure the fullest part of the cup on the operated / smaller side (measurement 2)
- 3. Subtract measurement 2 (operated / smaller side) from measurement 1 (non-operated / larger side)
- 4. The result is the cup difference (CD), which will help you to determine the thickness you need (thin, medium, or volume)



## BALANCE – BREAST SHAPER **SIZING CHART**

#### Find the right size for breast shapers:

Cup size		Underbust measurement													
AA	70	75	80	85	90	95	100	105	110	115	120				
А	65	70	75	80	85	90	95	100	105	110	115	120			
В		65	70	75	80	85	90	95	100	105	110	115			
С			65	70	75	80	85	90	95	100	105	110			
D				65	70	75	80	85	90	95	100	105			
E					65	70	75	80	85	90	95	100			
F						65	70	75	80	85	90	95			
G									75	80	85	90			
Shaper Delta	1	2	3	4	5		7	8	9	10	11	12			
Shaper Oval, Ellipse, Varia			:	S			L		XL						
Balance Aqua Wave	1,	/2	3/4		5,	<u></u> /6	7/8		9/10		11/12				

Cup difference method	Shape		Shaper size												
CD < 1 cm	Oval			S		М		L		XL					
Thin shaper	Delta	1 2		3	4	5	6	7	8	9	10				
CD 1–2 cm Medium shaper	Delta		2	3	4	5	6	7	8	9	10	11	12		
CD ≥ 2 cm Volume shaper	Delta			3/4		5/6		7/8		9/10		11/12			

The CD method cannot be used for Ellipse and Varia shapers.

#### **Balance Premium FIT KIT 245**

Our Premium Fit Kit includes 15 breast shapers in different sizes and thicknesses to help you find the right breast shaper for your patient and keep your stocks to a minimum.

Item no.	Product name	Sizes
227	Balance Natura TO	M, L
217	Balance Natura TD	3, 5
220	Balance Natura MD	4, 8
231	Balance Natura SE	M, L
285	Balance Natura SV	S
221	Balance Natura Light VD	5/6, 9/10
230	Balance Contact VD	7/8
286	Balance Contact SV	L
233	Balance Adapt Air MD	6
234	Balance Adapt Air SV	М

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Includes Adapt Air Pump, use and care instructions, and overview of the whole Balance range

7	7

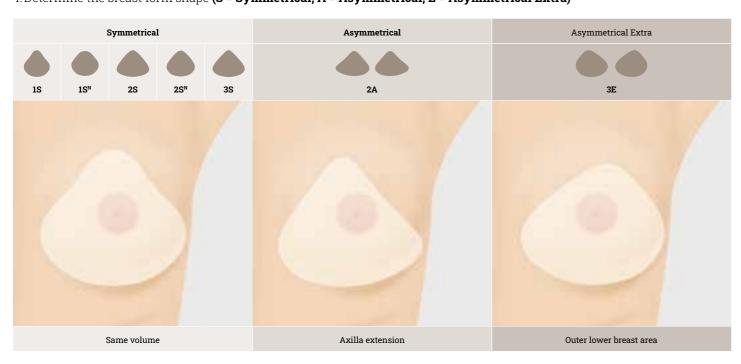
# BREAST FORMS – **SIZING**

#### Find the perfect breast form in 4 steps

- 1. First, find the right sized bra for your patient (see the fitting guide on page 96).
- 2. Ask about your **patient's specific requirements** to determine which product range you need (see care concepts on page 29).
- 3. Determine the **cup form** required for the bra **(1 = shallow, 2 = medium, 3 = volume)**Cup form refers to the shape of the breast or cup size in the bra.



#### 4. Determine the breast form shape (S = Symmetrical, A = Asymmetrical, E = Asymmetrical Extra)



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# BREAST FORMS – **SIZING CHART**

This table helps you find the **right breast form size** based on **bra size**. Try out the breast form with a T-shirt to find out whether you've found the right fit.

**Example**: If the patient's bra size is 95 C, this corresponds to a size 9 breast form

Cup size		Underbust measurement																
AA	65	70	75	80	85	90	95	100	105	110	115	120						
А	60	65	70	75	80	85	90	95	100	105	110	115	120					
В			65	70	75	80	85	90	95	100	105	110	115	120				
C				65	70	75	80	85	90	95	100	105	110	115	120			
D					65	70	75	80	85	90	95	100	105	110	115	120		
E						65	70	75	80	85	90	95	100	105	110	115	120	
F							65	70	75	80	85	90	95	100	105	110	115	120
G										75	80	85	90	95	100	105	110	115
								Overvie	w of siz	es								
	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15 <sup>2</sup>	16 <sup>2</sup>	172
								Prifo	rm sizes									
		1/	2	3/	<b>'4</b>	5/	6	7/	/8	9/	10	11/	12	13,	/14			

Sizing chart also applies to the Aqua Wave Swimform

#### 2.5

## LINGERIE AND SWIMWEAR FITTING GUIDE

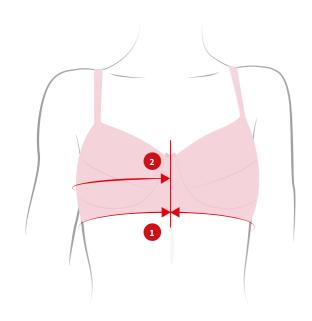
The following pages outline all the necessary steps that will enable you to provide optimal care for your patients.

#### Finding the perfect bra

### Get the perfect fit in 3 easy steps. Here's how to determine the right bra size for your patient

- 1. Underbust measurement: measure the circumference (e.g. 86 cm) around the underbust band while the patient is still wearing her bra.
- 2. Half overbust measurement Measure from the middle of the chest (sternum) over the fullest part of the remaining or non-operated breast to the centre of the spine. Multiply this measurement by 2 to determine the cup size, e.g. 51 x 2 = 102.
- **3.** Find out the bra size required using the sizing chart.

These instructions are intended as guidelines only. You may need to choose a slightly different size for the perfect fit.



#### Alternative sizes

Example: an alternative size for a 75 B would be a 70 C or an 80 A. When trying a bra on, close the bra using the middle hooks.

SIZE YOU	Your cup fits perfectly but the <b>band is tight</b>	Your cup fits perfectly but the <b>band is loose</b>					
TRIED	<b>Solution:</b> Go up a band size down a cup size	<b>Solution:</b> Go down a band size and up a cup size					
75 A	80 AA	70 B					
75 B	80 A	70 C					
80 B	85 A	75 C					
85 B	90 A	80 C					
90 B	95 A	85 C					
70 C	75 B	65 D					
75 C	80 B	70 D					
80 C	85 B	75 D					
85 C	90 B	80 D					
90 C	95 B	85 D					
80 D	85 C	75 E					
85 D	90 C	80 E					
90 D	95 C	85 E					
80 E	85 D	75 F					
85 E	90 D	80 F					

## LINGERIE AND SWIMWEAR SIZING CHART

#### Sizes based on body measurements: 165-172 cm

	EU underbust measurement in cm	63-67	68-72	73-77	78-82	83-87	88-92	93-97	98-102	103-107	108-112	113-117	118-122
1		+	+	+	+	+	+	+	+	+	+	+	+
	EU underbust circumference in cm	65	70	75	80	85	90	95	100	105	110	115	120

#### Use the EU overbust measurement in cm to determine the corresponding cup size

AA	75-77	80-82	85-87	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132
A	77-79	82-84	87-89	92-94	97-99	102-104	107-109	112-114	117-119	122-124	127-129	132-134
В	79-81	84-86	89-91	94-96	99-101	104-106	109-111	114-116	119-121	124-126	129-131	134-136
С	81-83	86-88	91-93	96-98	101-103	106-108	111-113	116-118	121-123	126-128	131-133	136-138
D	83-85	88-90	93-95	98-100	103-105	108-110	113-115	118-120	123-125	128-130	133-135	138-140
E	85-87	90-92	95-97	100-102	105-107	110-112	115-117	120-122	125-127	130-132	135-137	140-142
F	87-89	92-94	97-99	102-104	107-109	112-114	117-119	122-124	127-129	132-134	137-139	142-144
G	89-91	94-96	99-101	104-106	109-111	114-116	119-121	124-126	129-131	134-136	139-141	144-146

75-77 80-82 85-87 00-02 05-07 100-102 105-107 110-112 115-117 120-122 125-127 120-132

one-piece and two-piece sizes         34         36         38         40         42         44         46         48         50         52         54         56	EU brief, swimwear,											
two-piece sizes	one-piece and	34	36	38	40	42	44	46	48	50		
	two-piece sizes											

EU waist measurement in cm 58-62 63-67 68-72 73-77 78-82 83-87 88-92 93-97 98-102 103-107 108-112	113-117	
---	---------	--

EU- hip measure- ment in cm	88-92	92-96	96-100	100-104	104-108	108-112	112-116	116-120	120-124	124-128	128-132	132-136	
--------------------------------	-------	-------	--------	---------	---------	---------	---------	---------	---------	---------	---------	---------	--

EU international	ve	6	M	т	VI	2VI	3XL	
clothes size	A3	3	IVI	L	ΛL.	ZAL	SAL	

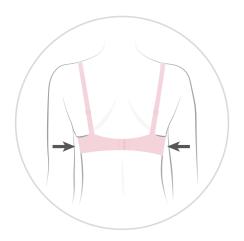
#### EU international clothes size and corresponding cup size

A	XS	S	S	S	М	М	L	L	XL	XL	2XL	2XL
В	XS	S	S	М	М	L	L	XL	XL	2XL	2XL	3XL
С	XS	S	S	М	М	L	L	XL	XL	2XL	2XL	3XL
D	S	S	М	М	L	L	XL	XL	2XL	2XL	3XL	3XL

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## LINGERIE AND SWIMWEAR

### **PERFECT FIT - WHAT TO CONSIDER**



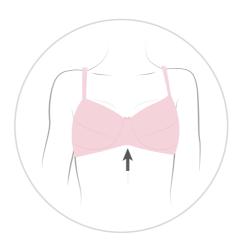
#### **Underbust band too tight**

The underbust band feels too tight and uncomfortable. Try a larger underbust size or use an Amoena bra extender. Make sure the underbust fits properly: It should sit securely in place but still be comfortable and run in a straight horizontal line.



#### Underbust band too loose

The underbust band is loose and slides up and down the patient's back. Choose a smaller underbust size. Make sure the underbust fits properly: It should sit securely in place but still be comfortable and run in a straight horizontal line.



#### Bra keeps sliding upwards

If the slightest movement causes the bra to slide up, this is a sign that the underbust band of the bra is too wide. Choose an underbust band one size smaller and a cup one size larger



#### Bra cup digs in

If the cup squeezes or presses the breast in certain places, this usually means the cup is too small. Choosing a larger cup size will usually solve this issue.



#### Bra straps are slipping down

The straps on the bra slide off the patient's shoulders. Generally, tightening the straps slightly should solve this issue.



#### Bra straps are digging in

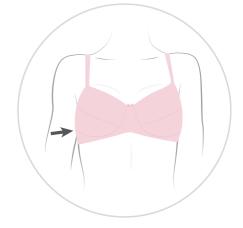
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In this case, the straps may need to be loosened slightly. Alternatively, if the patient has a larger underbust, a wider strap may be required. If this does not solve the issue, the underbust band may be causing the issue (see above).



#### Bra cup protrudes

If tightening the bra straps doesn't make the gaps or folds in the cup disappear, try a smaller cup size.



#### Bra underwiring digs in

For a perfect fit, the underwiring should follow the shape of the breast, gently enclosing it. The centre of the bra should sit close to the body. If the underwire digs in, the cup is probably too small. Choose a larger cup size and, if necessary, a smaller underbust.

## LYMPH CARE SIZING CHART

#### **CuraLymph Comfort**

For sizing, see page 97 (lingerie sizing chart)

#### **CuraLymph Compression**

	Cup		Measurements based on a body height of: 165–172 cm														
Size	-	xs	s	s	М	M	L	L	XL	XL	2XL	2XL	3XL				
Underbust measurment in cm	-	63-67	68-72	73-77	78-82	83-87	88-92	93-97	98-102	103-107	108-112	113-117	118-122				
Underbust measurement	-	65	70	75	80	85	90	95	100	105	110	115	120				
The measurement	A	77-79	82-84	82-84 87-89		97-99	102-104	107-109	112-114	117-119	122-124	127-129	132-134				
upper breast measurement results in the	В	79-81	84-86	89-91	94-96	99-101	104-106	109-111	114-116	119-121	124-126	129-131	134-136				
according Cup size	С	81-83	86-88	91-93	96-98	101-103	106-108	111-113	116-118	121-123	126-128	131-133	136-138				
	A	_	S (2)	S (3)	M (4)	M (5)	L (6)	L (7)	XL (8)	XL (9)	2XL (10)	2XL (11)	3XL (12)				
EU international Size in the according Cup size	В	_	S (3)	S (4)	M (5)	M (6)	L (7)	L (8)	XL (9)	XL (10)	2XL (11)	2XL (12)	3XL (13)				
	С	_	S (4)	M (5)	M (6)	L (7)	L (8)	XL (9)	XL (10)	2XL (11)	2XL (12)	3XL (13)	_				

## BACK TO YOUR DAILY LIFE WITH AMOENA MEDICAL DEVICES

As a health service provider, your job is to provide care by issuing patients with medical prescriptions. A correctly issued prescription ensures that patients are successfully supplied with the medical devices they need. It's therefore important to make sure that the following information is included on the prescription:

- · Medical devices should be prescribed using the pink prescription form
- · Approval from the health insurance provider is usually required
- · The cost of medical devices should not fall under the medical practitioner's budget
- · The diagnosis and indications must be stated on the prescription.
- Medical device prescriptions are usually valid for one month in Germany. The patient therefore has 30 days from the date
  of issue to redeem their prescription for breast care from a medical supplies retailer. After this period, a new prescription
  will need to be issued.
- In the context of discharge management, a medical device prescription is valid for seven calendar days.

Breast forms, breast shapers, special bras, swimwear and compression textiles are classed as medical devices. They are used externally to replace missing tissue and restore body symmetry following breast removal surgery.

In Germany, statutory health insurance companies generally cover the costs of prosthetic breast care. This includes the device itself, i.e. the breast form or breast shaper, as well as fitting and advice from a medical supplies retailer. The costs for the statutory co-payment (min. 5 euros, max. 10 euros) are borne by the patient.

Medical devices must be prescribed by a doctor in order for health insurance providers to cover the costs. The prescription should state "prosthesis retainer" for a special bra and "Mamma ca" for a full or partial breast form.

### **ALWAYS HERE FOR YOU**

#### Our friendly, experienced, solution-focused team is here to take care of you every step of the way.

When it comes to breast surgery aftercare, there's no such thing as one size fits all. That's why we're here to help you provide your patients with the right products to make their treatment a success. Optimal care for your patients is our priority. Together, we can provide a strong team and help women regain their confidence after breast cancer.



## Our customer service department is here to:

- Answer any specific questions you have about our products
- Take orders, send samples and deal with enquiries
- Provide information regarding your order status, as well as shipment tracking details

#### **Available**

#### By telephone

- Mon Sun 9am 5pm
- · Fridays 9am 4pm

#### Via email

· service@amoena.com

#### Using our chat service

• b2b.amoena.com

#### Reliable

- Same-day delivery of orders placed before 2pm
- Delivery in 48 hours within Germany

#### Simple

- No minimum order requirement
- Order confirmation sent via email or EDI
- Invoices, credit notes and receipts sent via email or EDI
- Exact delivery schedules provided for products that are currently unavailable
- No need to send in complaints forms in most cases

### MORE THAN AN **ONLINE SHOP**

#### Create an account now at: **b2b.amoena.com**

Receive updates about our online shop. Be the first to find out about our products, current offers and news.



#### Orders

- 24/7 service when you need it on all devices
- 100 % secure data transfer via SSL
- Option to create additional users
- Product availability and delivery dates at a glance
- Overview of your order history
- Access to our SALE page featuring special offers
- · Editable shopping cart
- Price list

#### Stay up to date

- Information about our products
- Declaration of conformity
- Complaint forms
- DIN ISO certificates
- · Terms and conditions

#### Information and support

- Sign up for our tutorials
- · Access our latest catalogue
- Option to hide prices when advising patients
- Overview of product weights
- · Instructions for use and care

#### **CONTACT US**



**By telephone** +49 (0)8035 871-160 **Fax** +49 (0)8035 871560



By email service@amoena.com



Online shop for stockists b2b.amoena.com

 $Amoena\ Medizin-Orthop\"{a}die-Technik\ GmbH\cdot Kapellenweg\ 36\cdot 83064\ Raubling\cdot Germany\cdot amoena.com$ 

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#### WHAT OUR CUSTOMERS HAVE TO SAY:

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**99** User friendly portal. Reliable delivery, very good quality. Friendly and helpful customer service. Very happy. Thank you!

**))** Online shop easy to navigate!

**7)** The whole process was very smooth. Filter function and options are excellent. Thank you.

### YOUR POTENTIAL IN BREAST CARE

## YOUR POTENTIAL FOR ADDITIONAL SALES

Amoena Tip:

Present the additional products for better visibility directly in the dressing room.

#### FOR SPORTS ACTIVITIES/SWIMMING:

- Sports bra with partial or full silicone breast form (e.g. Energy / Balance Adapt Air)
- Swimwear with swimming breast forms (partial or full breast form, e.g. Aqua Wave / Balance Aqua Wave)

#### FOR SCAR HEALING:

 Silicone scar pads in combination with compression textiles can positively influence scar healing.

#### FOR DAY-TO-DAY LIFE:

- Mastectomy bra (e.g. Mara Padded Bra)
- Partial or full silicone breast form (e.g. Adapt Air / Balance Adapt Air)

#### FOR NIGHTS/RELAXATION:

- Strappy or Vest top (e.g. Valletta Top)
- CuraLymph Comfort (e.g. Linda Soft Bra)
- · Fabric breast forms

### **USE YOUR CLIENT DATABASE -**

WE SUPPORT YOU WITH CLEVER DESIGNS.

### Are you already using your client database?

How often do you remind your existing clients that they have a right to a fit check? Everyone's body changes over the course of time, and therefore a regular check to ensure the fit is correct is important. Maintain the relationships with your clients and establish yourself as THE partner that will always be by their side. This will show your clients that you care about their well-being and health.

# BASIC QUESTIONS FOR YOUR INDIVIDUAL POTENTIAL

How many fittings do you have per week and how many per year?

How many customers do you have in your database? Do approx. 33% actually come for a fitting check? What actions are you planning to invite your customers to a fitting check in your specialty store in order to generate additional sales?

	Sample c	alculation	Your cal	culation		
Potential client database	Ø 2.700	) clients		clients		
	Potential	ACTUAL	Potential	ACTUAL		
Resupply every 3 years	Ø 900 clients	approx. 1/3	clients	approx. 1/3		
		Ø 300 clients		clients		
1 x breast form (225 € - 120 € = 105 €) 2 x specialist bra (84 € - 50 € = 34 €)	139 € x 900 = approx. 125.100 €	139 € x 300 = approx. 42.000 €				
Margin per client: 139€						
Lost		- 42.000 = 83.000 €				
Additional sales e.g. 135 €) Valletta Top, Aqua Wave Comfort products, swimwear	approx.	120.000€				
Additional sales due to new clients who were not supplied:		east shapers (for exampl atly only 10 % of the sup not yet bee	ply constitutes breast sh			
Total potential incl. regular supply, additional sales and additionally generated new customers	Total possible approx. 250.000 €					

<sup>\*</sup> Talk to your Amoena country representative about your individual dashboard. We will be happy to support you with your individual numerical analysis.

### **EVENTS**

#### For example:

- Fit check
- · Ladies' Night
- Event day (e.g. lymph day / fitting event)

#### Procedure:

We support you with our pre-prepared marketing material that can be customised to your company:

- Invitation letter
- Templates for the creation of flyers and posters
- Social media posts

You can find our marketing material in the Amoena Media Library at **www.amoena.com/de/medialibrary** 

Duration: 1 day

#### Amoena Tip:

Check with each client visit (e.g. for an arm lymph supply) additionally the fit of the current breast form and the bra.

#### **Contents:**

Invite your clients to a promotion day or to a fit check and verify if the breast forms and bras still fit correctly. Impress your client with innovative offerings and fashionable innovations in both underwear and swimwear. With this campaign, you not only win back your clients but also retain their loyalty to your company and service.



## **DECORATION AND PRESENTATION OF GOODS**BREAST CANCER – AN IMPORTANT TOPIC

#### Decoration at the point of sale:

Demonstrate that you are THE specialist in breast care products. Our point of sale materials (displays, banners, posters and brochures) create the right impression as well as providing important information. Directly at your point of sale!



### PRODUCT PRESENTATION

### AT THE POINT OF SALE:

Our new display stand is an eye-catcher – giving clients the first impression of products while they are waiting.

We will be happy to advise you on the best ways of presenting the products and generating additional sales. Get another step closer to your full potential

Let your clients decide – they know what they need best. Our area managers will be happy to support you in this.

Ask your Amoena country representative for an individual offer.

Delivery time approx. 12 weeks

#### **ADVANTAGES:**

- Modern design
- Space-saving module
- Eye-catching placement of products
- Pre-selected "Bestseller range"
- Exchangeable
- Decorative banner



#### **DIMENSIONS:**

Height: 137 cm / Width: 117 cm / Depth: 57 cm

Please ask your Amoena country representative what is available and how you can order it.

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## AMOENA ACADEMY TRAINING AND EDUCATION OPPORTUNITIES

We offer innovative training formats that not only impart specialist knowledge regarding our products, but above all important impulses and knowledge for sales and thus for your turnover and success.

Amoena seminars are designed to provide you with the support you need to help you in your day-to-day work. Our workshops provide training on how to match our products with different surgery types, gain practical hands on fitting experience and master key fitting techniques.

Particular emphasis is placed on using Amoena products to help with difficult fitting situations. Amoena seminars give you the chance to update your skills and meet with other breast care professionals either online or in informal relaxed surroundings. Delegates are awarded a certificate at the end of each seminar.

#### You are interested in a training?

Please contact our Sales Team for Distribution Partners.

#### Julia Hörl

#### E-Mail: Julia.Hoerl@amoena.com Phone: +49 8035 871 126 or +49 151 2923 0052

#### Florian Schild

E-Mail: Florian.Schild@amoena.com Phone: +49 8035 871 127 or +49 151 6733 4386

#### **Global Education Team:**



Alexandra Arnold
Global Education Manager



Christina Kaffl
Global Education Expert

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Claudia Horrer
Teamlead Global Education

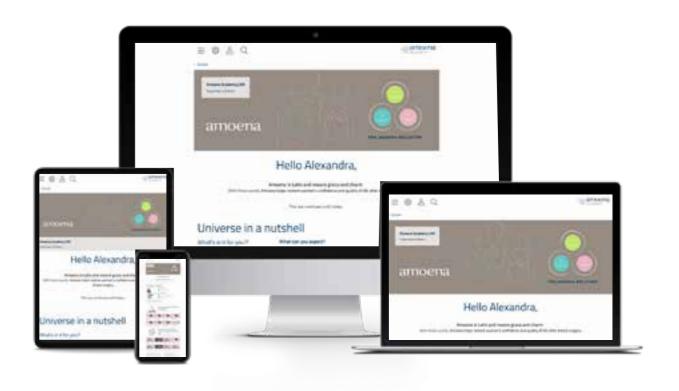
## TRAINING ONLINE OR IN PERSON

#### **Amoena Online Academy**

#### Unable to travel? Lack of personnel or time?

We offer the solution! Alongside our in-person training session, we also provide online courses with content delivered in a variety of media. These certified courses provide beginners with all the basics they need, and give advanced learners the materials they need for independent study. All trainings are IQZ-certified.

In addition, we're more than happy to provide you with any technical equipment you may require.



We offer different trainings in the different countries. Please speak to your Amoena sales representative to learn more about your local trainings.

#### WHAT OUR CLIENTS HAVE TO SAY ABOUT OUR TRAINING SESSIONS:

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An informative online seminar with a great transfer of knowledge by the trainer. The division of 3 x 2 hours was perfect; especially the elaboration of the topic "Adapt Air" was informative.

In the 3 days of intensive training I learned a lot of new knowledge in all product areas, which helps me to provide holistic and patient-specific care. The opportunity to practice with ladies who had undergone breast surgery on the last day gave me a lot of confidence for future fittings. I feel very confident for the future.

## **INDEX - RECOVERY CARE**

							Medi	cal require	ements/Fea	tures						
Article	P.	ltem No.   Colour	Easy handling with limited movement	Fixation and support	Postoperative oedema	Front Closure	Wider straps relieve the shoulders	Seamless knit technology	Ready for clinical use	Adhesive technology/ flat seams	Supports scar healing	No pockets	Integrated pockets	High cotton content	Sizes	Price category
Clara Soft Bra Front Closure	26	44743   blush	<b>√</b>			<b>√</b>	<b>√</b>	<b>√</b>					<b>√</b>		S-2XL	Basic
Fleur Soft Bra Front Closure	26	44672   white; 44671   sand; 44853   black	<b>√</b>			<b>√</b>	<b>√</b>						<b>√</b>	<b>√</b>	XS-2XL; Cups: A/B-E/F	Basic
Frances Soft Bra Front Closure	26	2128   white; 2128   sand; 2128   black	<b>√</b>			<b>√</b>	<b>√</b>						<b>√</b>	<b>√</b>	XS-2XL; Cups: A/B-E/F	Basic
Priform	27	216   nude												<b>√</b>	1/2-13/14	Basic
Removable drainage pouch	27	2107   white												✓	S (ca. 15x18 cm); L (ca. 20x20 cm)	Basic
Sandra Soft Bra Front Closure	27	0622   white	<b>√</b>			<b>√</b>							<b>√</b>		S-4XL	Basic
Anchors	23	013   clear									✓				Measurements: 230 x 145 mm	Advanced
Compression belt	18	0776N   white; 45043   rose nude; 0789N   black		✓		✓									60-135	Advanced
Emilia Soft Bra Front Closure	25	45013   white; 45012   blush; 45014   black	✓			✓		✓					✓		70/75-120/125; Cups: Universal	Advanced
Hannah Soft Bra Front Closure	25	2160   white	✓			✓							✓	✓	XS-XL; Cups: A/B; C/D	Advanced
Mammilla Circles	23	012   clear									✓				Measurements: Ø interior: 20 mm; Ø outer: 75 mm	Advanced
Michelle Camisole	25	2105   white	✓				✓						<b>√</b>	✓	S-2XL	Advanced
Sarah Soft Bra Front Closure	19	0778   white; 0779   black	✓	✓	✓	✓	✓				✓	✓		✓	75-105 A-E	Advanced
Squares	23	011   clear									✓				Measurements: 260 x 100 mm	Advanced
Strips	23	010 (1) clear   010 (4) clear									✓				Measurements: 260 x 35 mm	Advanced
Theraport	19	2161   white	✓	✓	✓	✓	✓	✓			✓		✓	✓	S-2XL	Advanced
Anatomic Compression belt	18	45044   white; 45046   rose nude; 45045   black		✓		✓									60-135	Premium
Belly Bandage	21	45004   nude; 45005   black		✓	✓	✓					✓				S/M-2XL/3XL	Premium
Bermuda*	21	45002   nude; 45003   black		✓	✓	✓				✓	✓				XS-2XL	Premium
Leyla Soft Bra Front Closure	17	44605   white; 44604   rose nude; 44606   black	✓	✓	✓	✓	✓	✓	✓		✓		<b>√</b>		60/65-130/135; Cup: Universal	Premium
Pamela	17	45010   white; 45009   rose nude; 45011   black	✓	✓	✓	✓	✓	✓	✓		✓		<b>√</b>		60/65-130/135; Cup: Universal	Premium
Panty*	21	45000   nude; 45001   black		✓	✓	✓				✓	✓				XS-2XL	Premium
Sina	17	45007   white; 45006   rose nude; 45008   black	✓	✓	✓	✓	✓	✓	<b>✓</b>		✓		✓		60/65-130/35; Cup: Universal	Premium

\*while stock lasts



## **INDEX - BREAST SHAPERS**

Thick	ness	TI	in	Medium	Volumen	Spo	ecial
Cup d	ifference						
Shap		Oval	Delta	Delta	Delta	Ellipse	Varia
premium	BALANCE ADAPT AIR	-	-	<b>233   Balance Adapt Air MD</b> Sizes: 2–12	-	_	<b>234   Balance Adapt Air SV</b> Sizes: S–XL
pren	BALANCE CONTACT	-	-	<b>229   Balance Contact MD</b> Sizes: 2–12	230   Balance Contact VD Sizes: 3/4–9/10	-	<b>286   Balance Contact SV</b> Sizes: S-XL
advanced	BALANCE	<del>-</del>	-	<del>-</del>	<b>221   Balance Natura Light VD</b> Sizes: 3/4–11/12	-	-
adva	NATURA	<b>227   Balance Natura TO</b> Sizes: S-XL	217   Balance Natura TD Sizes: 1–10	<b>220   Balance Natura MD</b> Sizes: 2–12	222   Balance Natura VD Sizes: 3/4-9/10	231   Balance Natura SE Sizes: S-XL	285   Balance Natura SV Sizes: S-XL
sic	BALANCE	<del>-</del>	<del>-</del>	<del>-</del>	224   Balance Essential Light VD Sizes: 3/4–11/12 Sizes Tawny: 3/4–11/12	-	_
basic	ESSENTIAL	<b>228   Balance Essential TO</b> Sizes: S-XL	218   Balance Essential TD Sizes: 1–10	<b>223   Balance Essential MD</b> Sizes: 2–12 Sizes Tawny: 4–10	<b>225   Balance Essential VD</b> Sizes: 3/4–9/10	232   Balance Essential SE Sizes: S-XL	-
	DITIONAL APERS	<b>150   Balance Aqua Wave</b> Sizes: 1/2-11/12					

## **INDEX - BREAST FORMS**

			1 = Shallow	v breast form	2 = Mediur	m breast form	3 = Fu	ll breast form				
Prod	uct line		18	1S <sup>N</sup>	2S 2S <sup>N</sup>	2A	38	3E				
	CUSTOM Custom-made breast form	Xtra Light -40% Light -25%, Standard	Individual fit: The footprint, back and cup form are prec patient's body.	cisely and specially created to your	Other product features available depending on indication:  • Weight option  • Temperature-equalising (Comfort+)  • Individually adjustable back (AirChamber technology)							
   	ADAPT AIR	-40 % Extra light	<b>328</b>   Adapt Air Xtra Light 1S <sup>N</sup> Sizes: 1−14		<b>326</b>   Adapt Air Xtra Light 2S <sup>N</sup> Sizes: 1–14 Tawny 1–14 (on request)	-	-	-				
premium	ADAPT AIR	-25 % Light	<b>329</b>   Adapt Air Light IS <sup>N</sup> Sizes: 1−14		<b>327</b>   Adapt Air Light 2S <sup>N</sup> Sizes: 1−14	-	-	-				
	CONTACT	-25 % Light		-	<b>380</b>   Contact Light 2S Sizes: 1–14	-	<b>385</b>   Contact Light 3S Sizes: 0–10	-				
		Standard	<b>384</b>   Contact 1S Sizes: 1–14		<b>381</b>   Contact 2S Sizes: 1–12	383   Contact 2A Sizes: 1–12 L/R	<b>382</b>   Contact 3S Sizes: 0–10 Tawny 1–10	386   Contact 3E Sizes: 1–14 L/R Tawny 1–14 L/R (on request)				
	ENERGY	-25 % Light		-	<b>342</b>   Energy Light 2S Sizes: 1–14 Tawny 1–14 (on request)	-	-	-				
		-20 % weight-reduced		-	<b>310</b>   Energy Cosmetic 2S Sizes: 1–14	-	<b>311</b>   Energy Cosmetic 3S Sizes: 1–12	-				
		Standard	<b>349</b>   Energy 1S Sizes: 1–12		-	-	-	-				
advanced		-40 % Extra light	<b>401</b>   Natura Xtra Light 1S <sup>N</sup> Sizes: 1–14		<b>400</b>   Natura Xtra Light 2S <sup>N</sup> Sizes: 1–17 Tawny 1–17	-	-	-				
		-25 % Light	<b>664</b>   Natura Light 1S <sup>N</sup> Sizes: 1–14	<b>402</b>   Natura Light 1S Sizes: 1–14	<b>390</b>   Natura Light 2S Sizes: 1–17 Tawny 1–17	<b>392</b>   Natura Light 2A Sizes: 0−14 L/R	<b>391</b>   Natura Light 3S Sizes: 0–12	-				
	NATURA	-20 % weight-reduced	-		320   Natura Cosmetic 2S Sizes: 1–14 323   Natura Cosmetic 2S <sup>N</sup> Sizes: 1–14	-	<b>321</b>   Natura Cosmetic 3S Sizes: 1–12	<b>322</b>   Natura Cosmetic 3E Sizes: 1–14L/R				
		Standard	<b>396</b>   Natura 1S Sizes: 1–14		<b>398</b>   Natura 2S Sizes: 1–10	<b>393</b>   Natura 2A Sizes: 0–12 L/R	<b>395</b>   Natura 3S Sizes: 0–12	397   Natura 3E Sizes: 1–14 L/R				
basic	ESSENTIAL	-25 % Light	314   Essential Light 1S <sup>N</sup> Sizes: 1–14  630   Essential 1S Sizes: 1–12		<b>442</b>   Essential Light 2S Sizes: 1–17 Tawny 1–17	<b>356</b>   Essential Light 2A Sizes: 0–14 L/R	<b>367</b>   Essential Light 3S Sizes: 0–12	556   Essential Light 3E Sizes: 1–14 L/R Tawny 1–14 L/R (on request)				
pa		Standard			440   Essential 2S Sizes: 1–12	<b>353</b>   Essential 2A Sizes: 0–12 L/R	<b>363</b>   Essential 3S Sizes: 0–12	-				
	DITIONAL APERS	149   Aqua Wave Sizes:: 1 - 14	<b>216   Priform</b> Sizes:: 1/2 – 13/14									

## INDEX – LINGERIE AND SWIMWEAR

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## **SIZE FINDER**

available in over 70 different sizes

			Features Size													
Article			seemless Cups	padded Cups	removable cup	with Front Closure	high Cotton content	AA	Α	В	С	D	Е	F	G	
LINGERIE						Front Closure	Cotton Content									
	C.E.										0.16					n .
Amy Soft Bra		Seamless	✓ ✓				/					L, XL, 2XL				Basic
Becky Soft Bra	68				/		✓	S, M, L, XL, 2XL								Basic
Eliza Soft Bra	68		✓		✓		/	S, M, L, XL, 2XL								Basic
Isabel Soft Bra	73	-			/		<b>√</b>	75-100 75-100 75-105 75-105 75-95 75-95						Basic		
Kitty Soft Bra	68		<b>√</b>		✓		✓		E0 10E	<b>50.105</b>		L, XL, 2XL	<b>50.100</b>			Basic
Mara Soft Bra Padded		Seamless	<b>√</b>	<b>√</b>				70-105	70-105	70-105	70-105	70-105	70-100	70-100	75-95	Basic
Mara Soft Bra Padded Front Closure*		Seamless	✓	✓		✓		70-105	70-105	70-105	70-105	70-105	70-100	70-100	75-95	Basic
Nancy Soft Bra		Classic							75-110	75-110	75-120	75-120	75-115	75-115	75-115	Basic
Nancy Soft Bra Front Closure		Classic				✓			75-110	75-110	75-120	75-120	75-115	75-115	75-115	Basic
Rita Soft Bra		Classic						F0 10-	75-100	75–100	75-100	75-105	80-105	F2 2-		Basic
Ruth Soft Bra*	65						✓	70-105	70-105	70-105	70-100	70-95	70-95	70-90		Basic
Tessa Soft Bra*	65		<b>√</b>						75–105	75–105	75-105	75–105	75–105	75–105		Basic
Aylin Soft Bra	67		<b>√</b>									L, XL, 2XL				Advanced
Barbara Wired Bra Padded		Seamless	✓	✓					70-90	70-90	70-90	70-85				Advanced
Camilla Soft Bra NEW		Classic							75-95	75-95	75-95	75-95				Advanced
Camilla Soft Bra Padded NEW		Classic		✓					75-95	75-95	75-95	75-95				Advanced
Camilla Wired Bra NEW		Classic								75-95	75-95	75-95	75-95	75-95		Advanced
Ester Soft Bra Front Closure		Active				✓			70-100	70-100	70-100	70-100	80-95			Advanced
Gloria Soft Bra Front Closure		Active				✓		S, M, L, XL, 2XL							Advanced	
Isadora Soft Bra		Classic							75-115	75–115	75–115	75-115	75-115	75-100	75–100	Advanced
Jasmin Soft Bra	62	Classic					✓	70-95	70-95	70-95	75-95					Advanced
Jenna Soft Bra NEW	62	Classic							75-105	75-105	75-105	75-105	75–105	75–105		Advanced
Jolie Soft Bra		Active	✓					70-95	70-95	70-95	70-95	70-95	70-95			Advanced
Kitty Top*	69	Seamless	✓		✓		✓				S, M,	L, XL, 2XL				Advanced
Lara Soft Bra Padded	69	Seamless	✓	✓				70-100	70-100	70-100	70-100	75–100	75–100			Advanced
Lara Satin Soft Bra Padded	70	Seamless	✓	✓				75-100	75–100	75–100	75-100	75–100	75–100			Advanced
Mira Soft Bra	71	Seamless	✓					70-95	70-95	70-95	75-90	75-90	75-85			Advanced
Mona Soft Bra	71	Seamless	✓					70-95	70-95	70-95	75-90	75-90	75-85			Advanced
Nora Soft Bra*	64	Classic					✓		80-105	80-105	80-105	80-105				Advanced
Tiana Soft Bra	71	Seamless	✓					70 – 105	70 – 105	70 – 105	70 – 105	70 – 105	70 – 105	70 – 105		Advanced
Alina Soft Bra	57	Elegant							75-95	75-95	75-95	75-95				Premium
Alina Soft Bra Padded	57	Elegant		✓					75-95	75-95	75-95	75-95				Premium
Alina Panty	57	Elegant						38-46						Premium		
Karolina Soft Bra	58	Elegant							70-100	70-100	70-100	70-100	70-100			Premium
Karolina Soft Bra Padded	58	Elegant		✓				75-100	75-100	75–100	75-100	75-100				Premium
Karolina Wired Bra	58	Elegant							75-100	75-100	75-100	75-100	75-100			Premium
Karolina Panty	58	Elegant									;	36-48				Premium
Leslie Soft Bra	63	Classic	✓	✓					75-125	75-125	75-125	75-125	75-125	75-120	75-115	Premium

\*while stocks last

# INDEX – LINGERIE AND SWIMWEAR SIZE FINDER

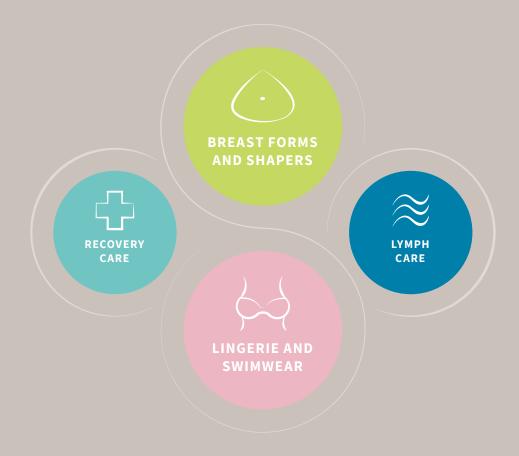
available in over 70 different sizes

		Product line								
Article			Α	В	С	D	E	F	G	Price category
WELLNESS										
Valletta Top	77	Wellness				36-56				Advanced
SWIMWEAR										
Manila One Piece High Neck	79	Elegant		38-52	38-52	38-52				Advanced
Manila Full Bodice	79	Elegant		38-56	38-56	38-56	38-56			Advanced
Manila Sarong	80	Elegant		38-52	38-52	38-52				Advanced
Manila Blouson	80	Elegant		38-52	38-52	38-52				Advanced
Manila Soft Bikini Top High Neck	81	Elegant	36-46	36-46	36-46					Advanced
Manila High Waisted Panty	81	Elegant				36-52				Advanced

## **INDEX – LYMPH CARE**

Article	P.	Item No.   Colour	Medical grade pressure	Massage effect	Front Closure	Wide straps to encourage lymph flow	Seamless knit technology	Adhesive technology/ flat seams	Sizes	Price category
Lymph Pressure Pad	88	020   clear		✓					one size	Basic
Lymph Massage Shell	<b>hell</b> 88 030 clear			<b>√</b>					one size	Advanced
Liane Top	84	44812   sand/light sand; 44934   black		<b>√</b>		<b>√</b>	<b>✓</b>		S-3XL	Advanced
Lymph Flow Long Soft Bra Front Closure	87	44813   white; 44815 black	<b>✓</b>		<b>✓</b>	<b>✓</b>	<b>✓</b>		S-2XL	Advanced
Lymph Flow Soft Bra Front Closure	87	44814   white; 44816 black	<b>√</b>		<b>√</b>	<b>✓</b>		<b>√</b>	S-3XL	Advanced
Liane Leggins	85	44935   black/grey		<b>✓</b>		<b>✓</b>			S-3XL	Advanced
Lagos Tankini	89	71666   black/multi				<b>√</b>			38-56 B, C, D, E	Premium
Lagos Swim Bermuda	89	71666   black							38-56	Premium
Linda Soft Bra	85	44811   sand; 44936   black		<b>√</b>		<b>√</b>			S-3XL	Premium





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